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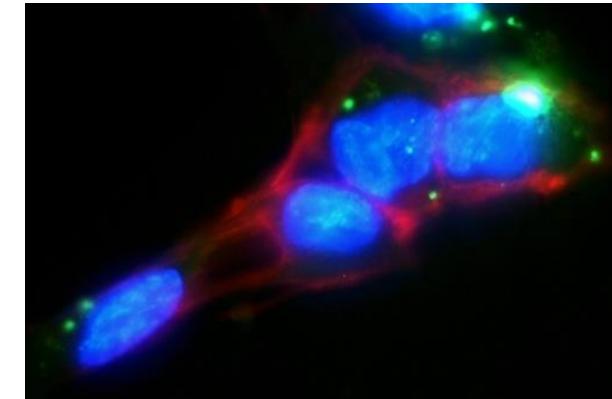
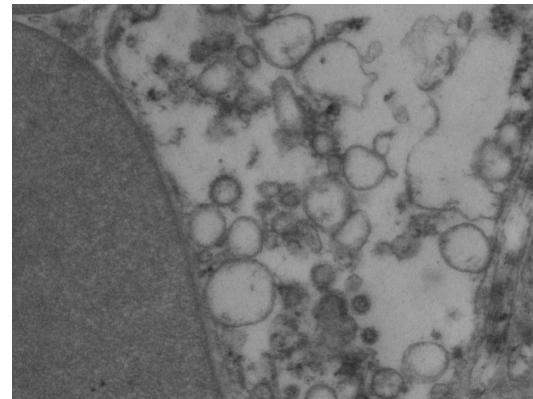
CRI  
CENTRE de RECHERCHE  
sur l'INFLAMMATION



# Les vésicules extracellulaires : des biomarqueurs sanguins prédictif d'évolution des malades atteints de cirrhose

Pierre-Emmanuel RAUTOU

Inserm UMR-1149, Research center on Inflammation, Paris  
Service d'hépatologie, Hôpital Beaujon, Clichy, France



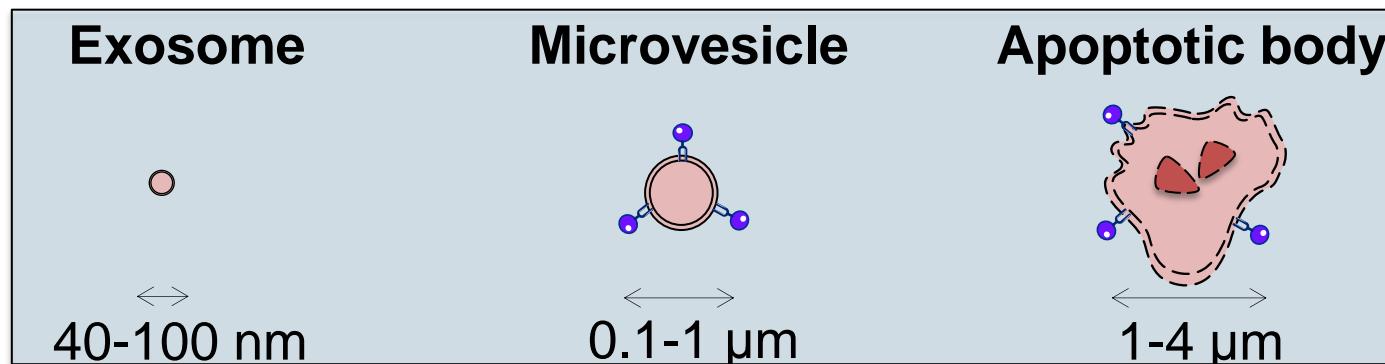
# Extracellular vesicles in cirrhosis

- What are extracellular vesicles?
- Microvesicles: role in cirrhosis
- Microvesicles: promising biomarkers

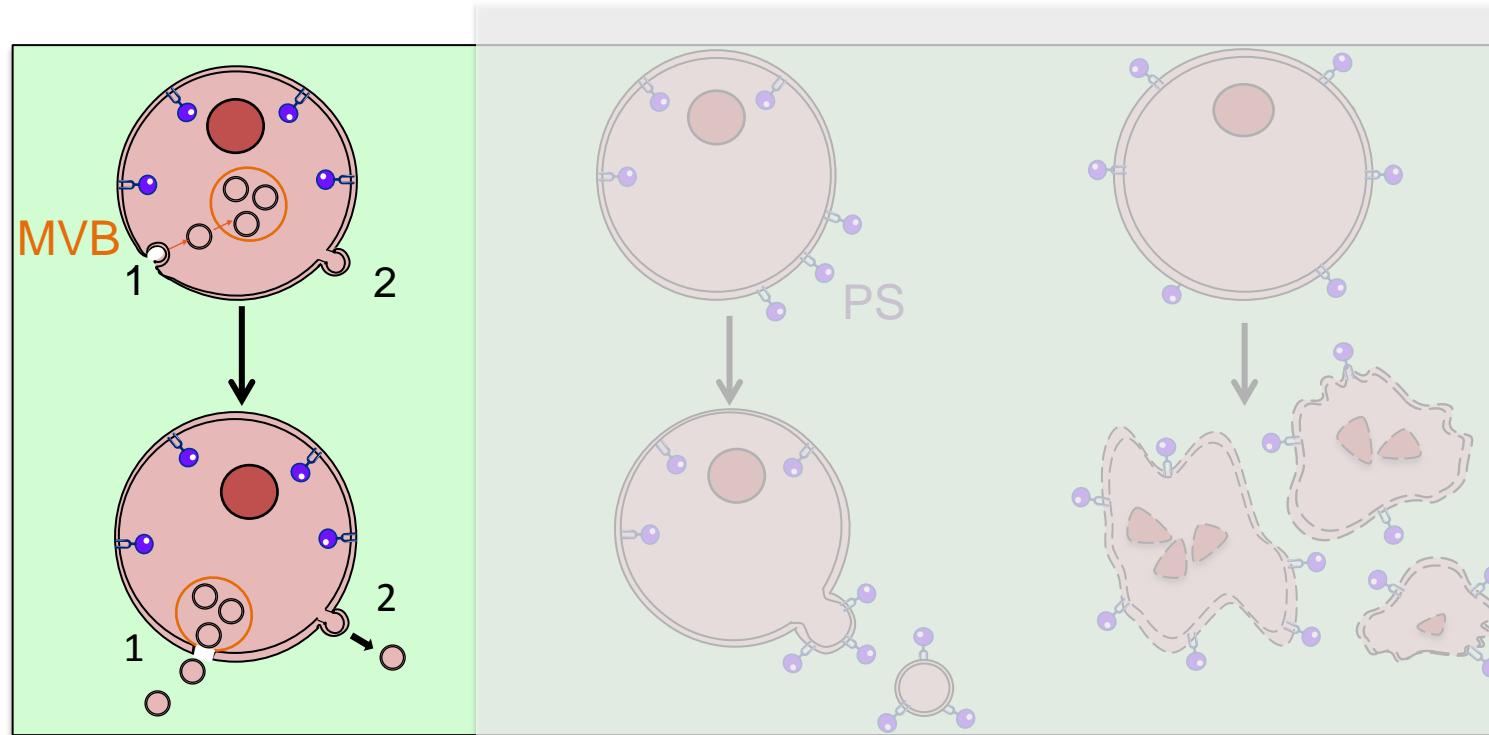
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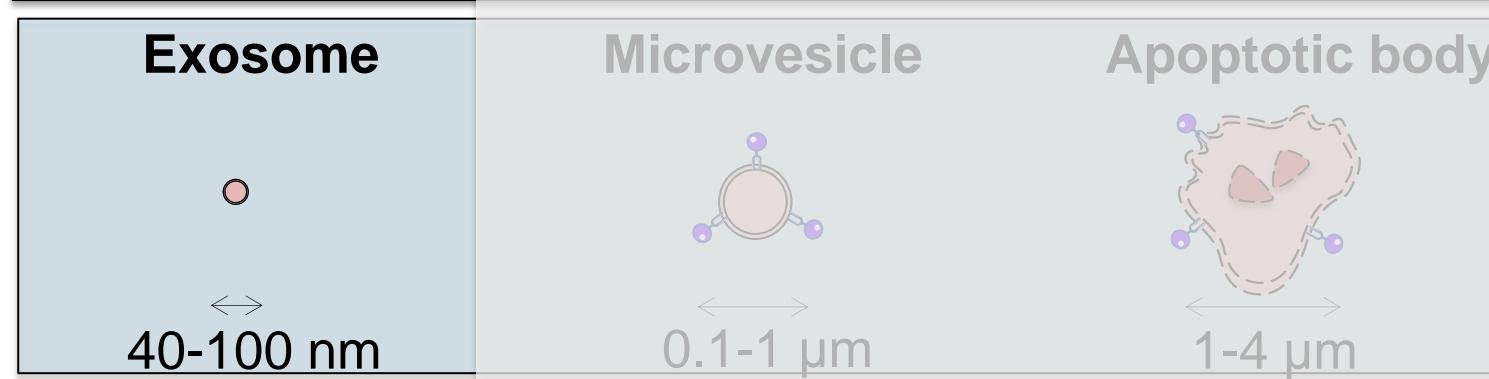
# Extracellular vesicles



Extracellular  
Vesicles



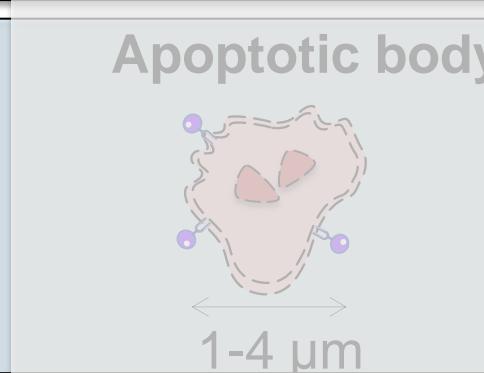
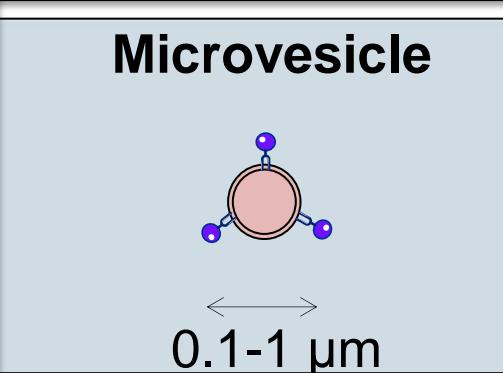
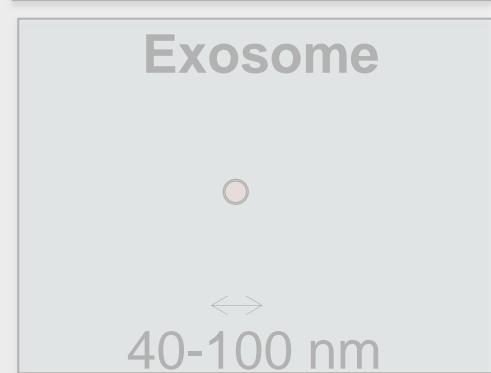
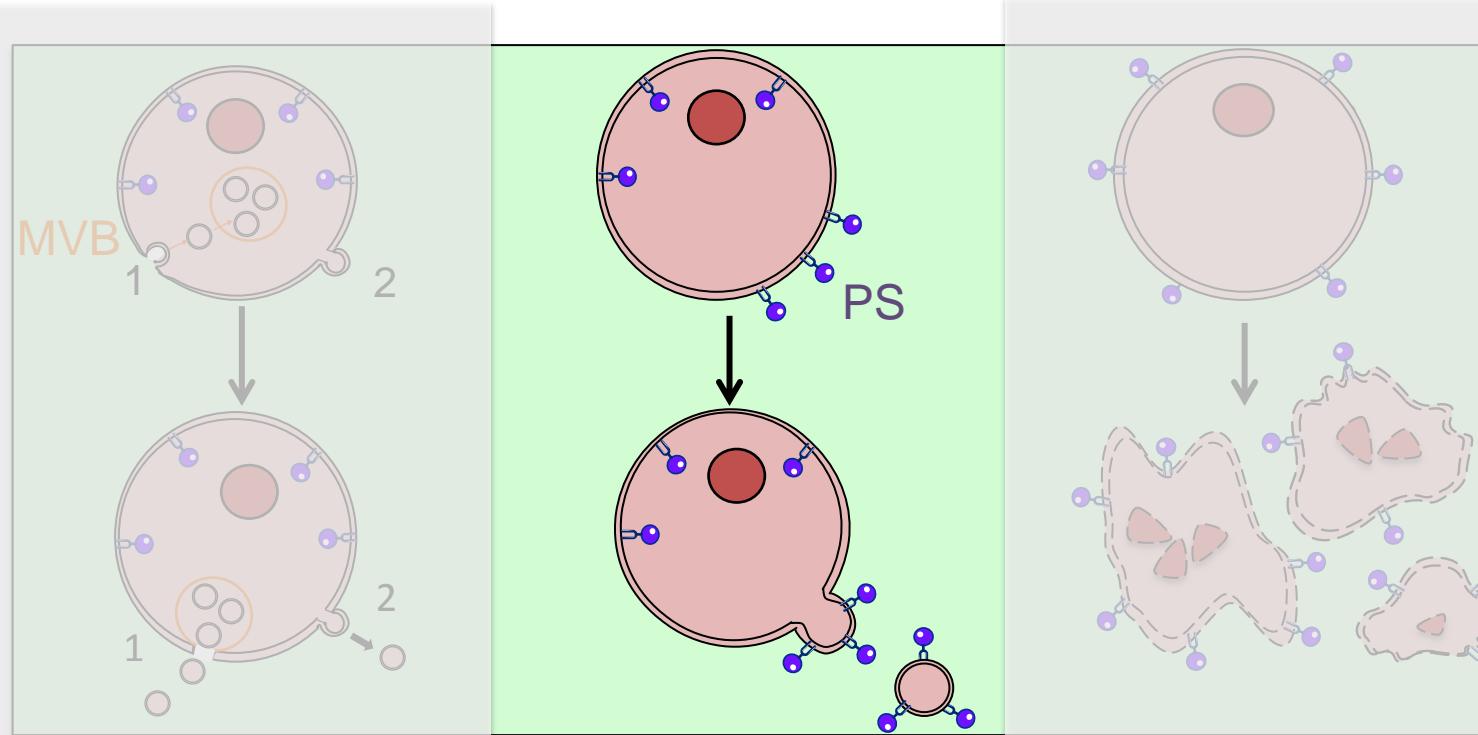
Cells



Extracellular  
Vesicles



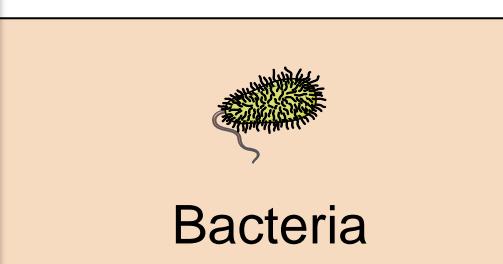
Examples  
of similar  
size

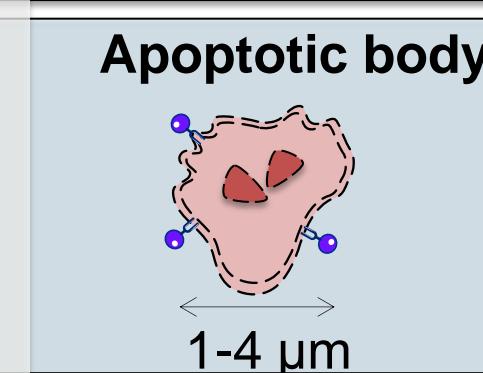
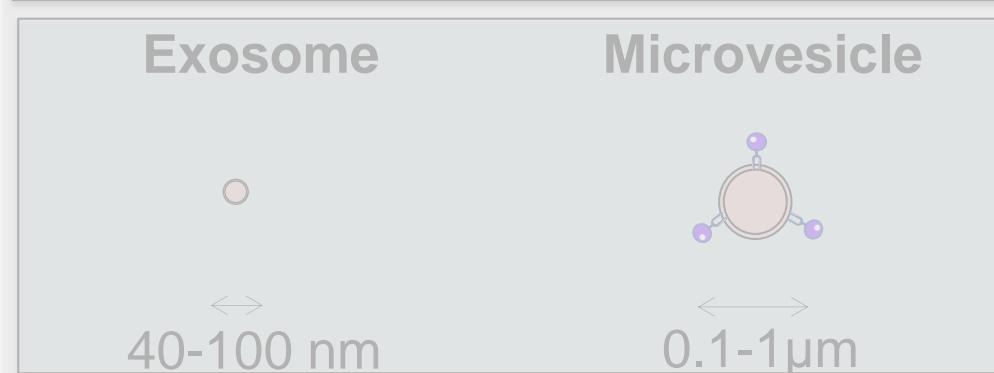
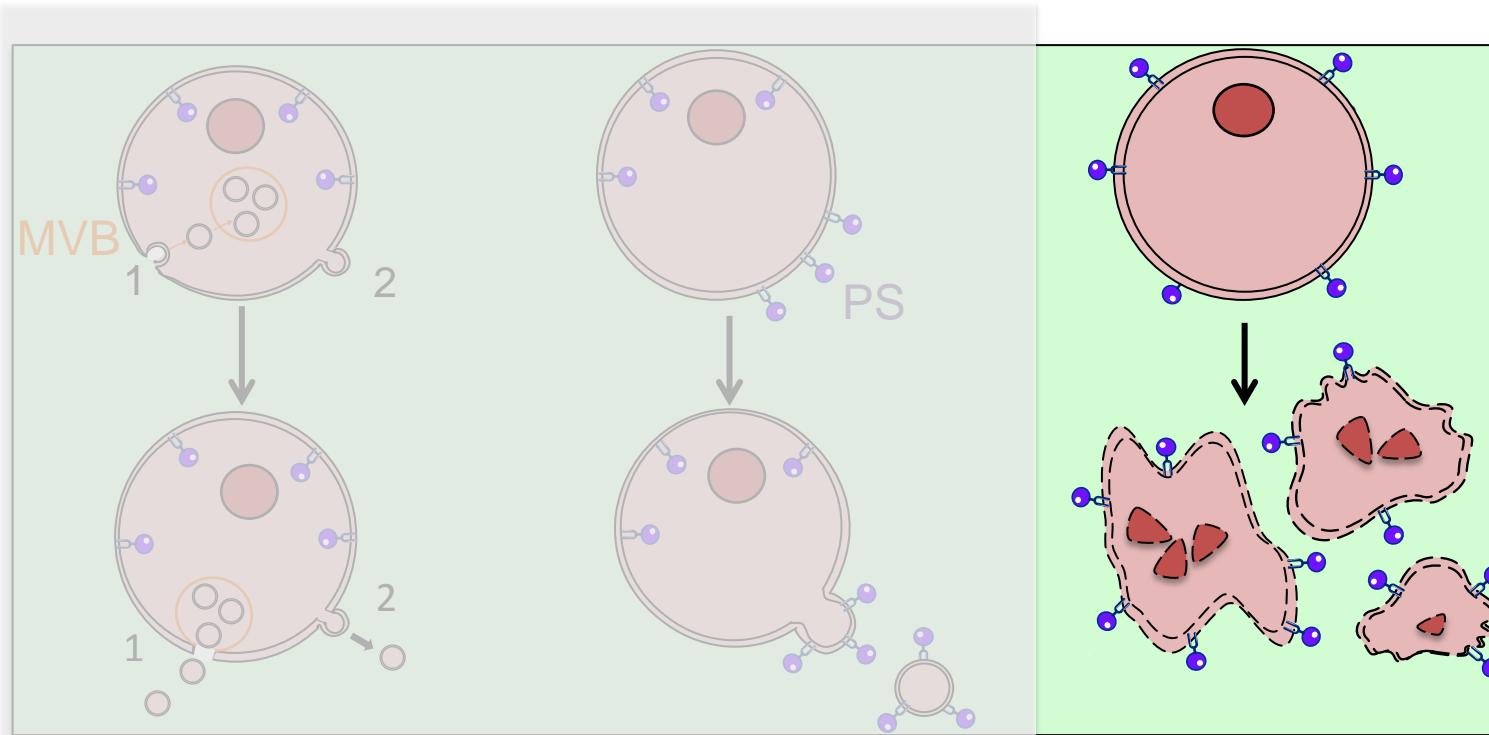


**Cells**

**Extracellular Vesicles**

**Examples of similar size**





**Cells**

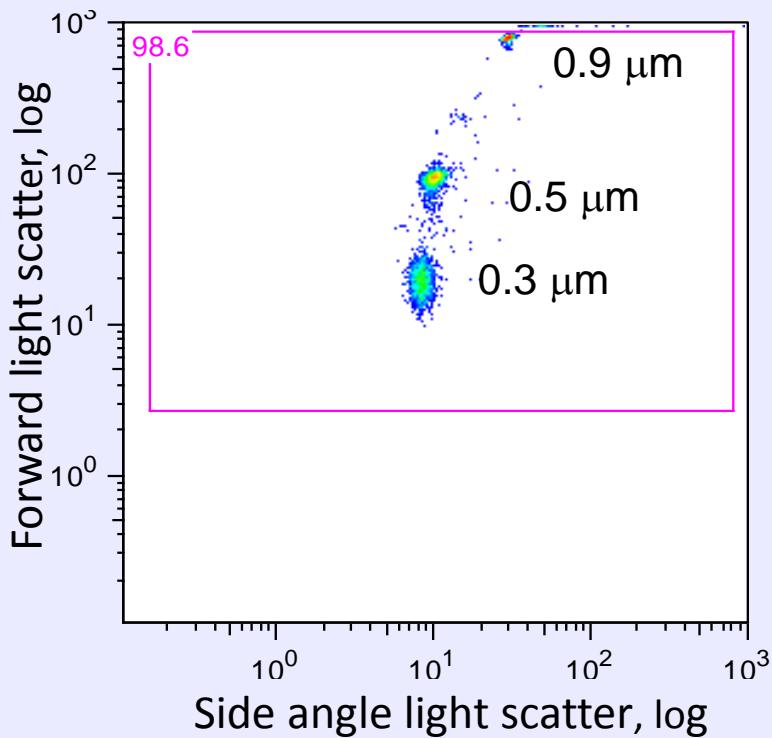
**Extracellular Vesicles**



**Examples  
of similar  
size**

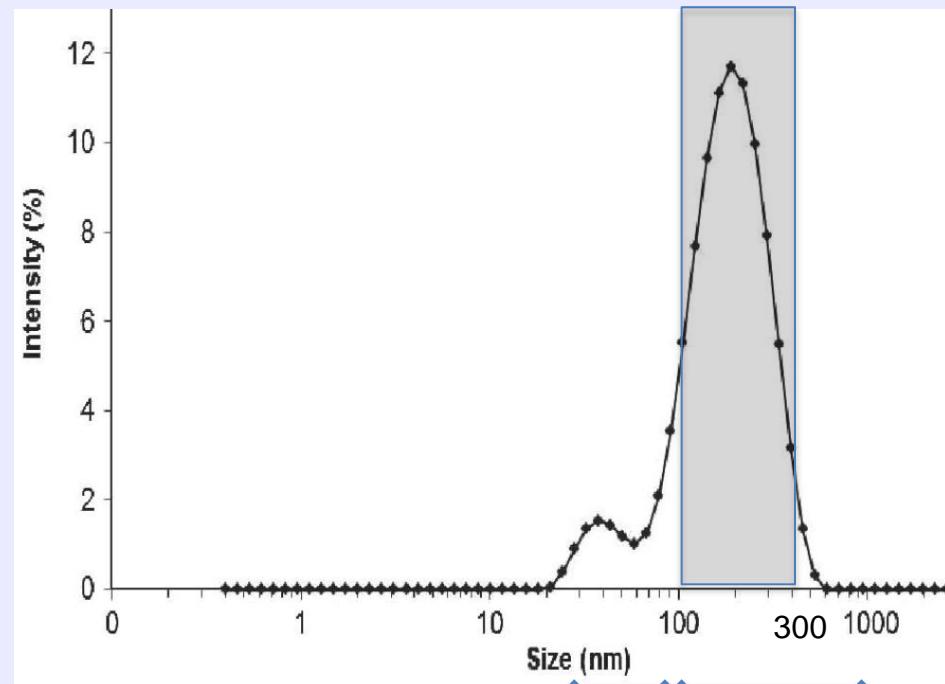
# Techniques and names

## Flow cytometry



Rautou, Circ Res 2011

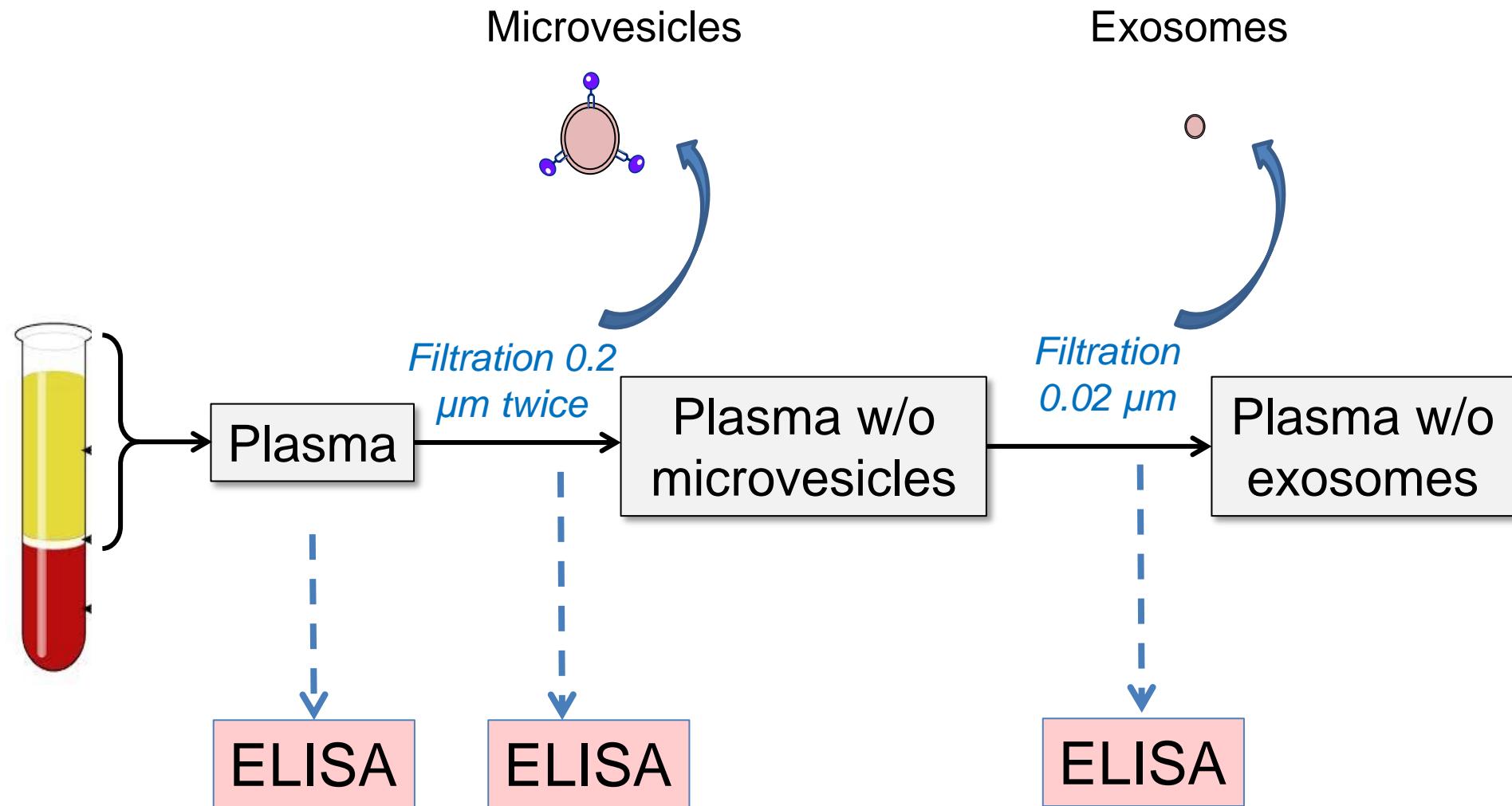
## Dynamic light scattering



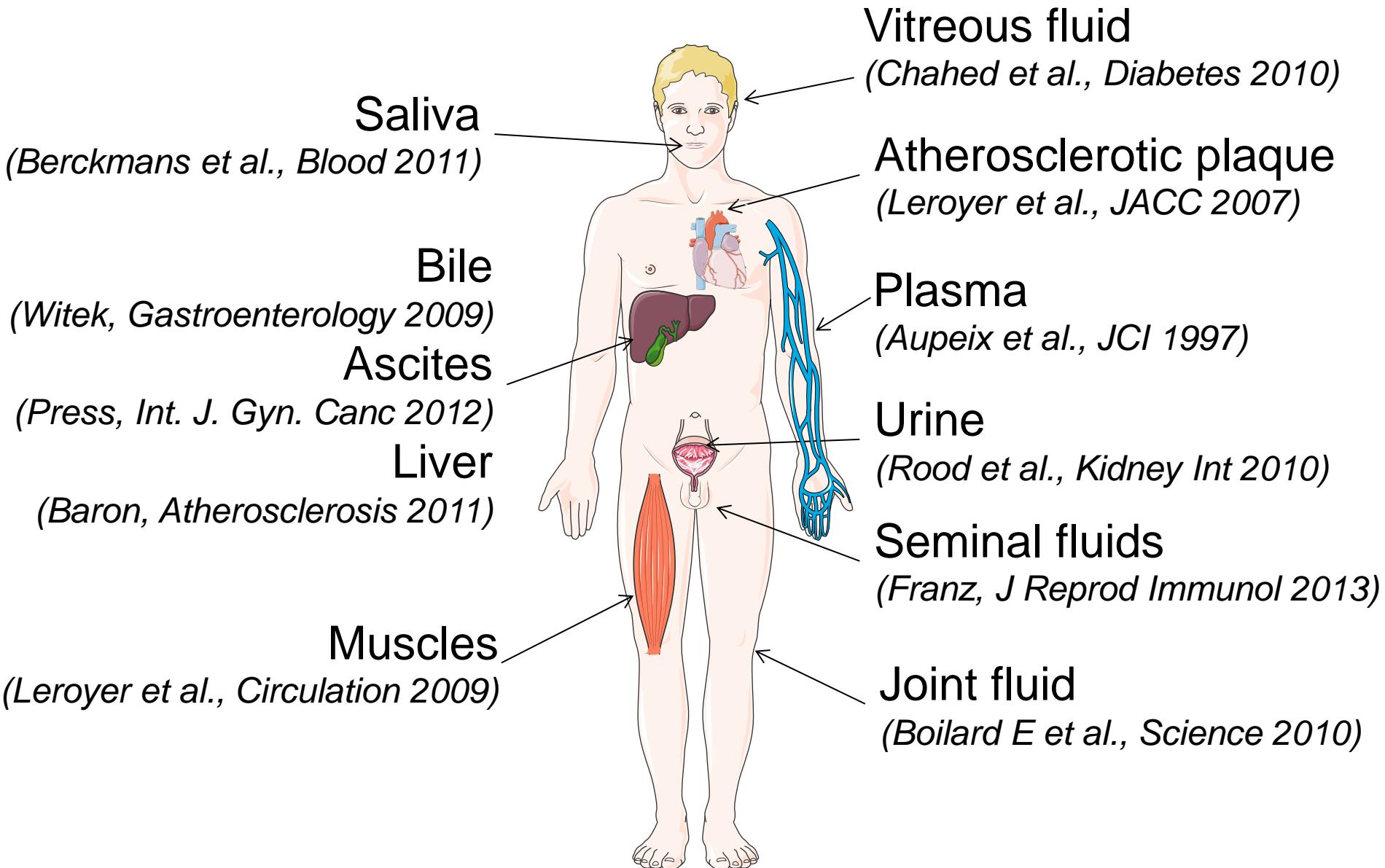
Exos MVs

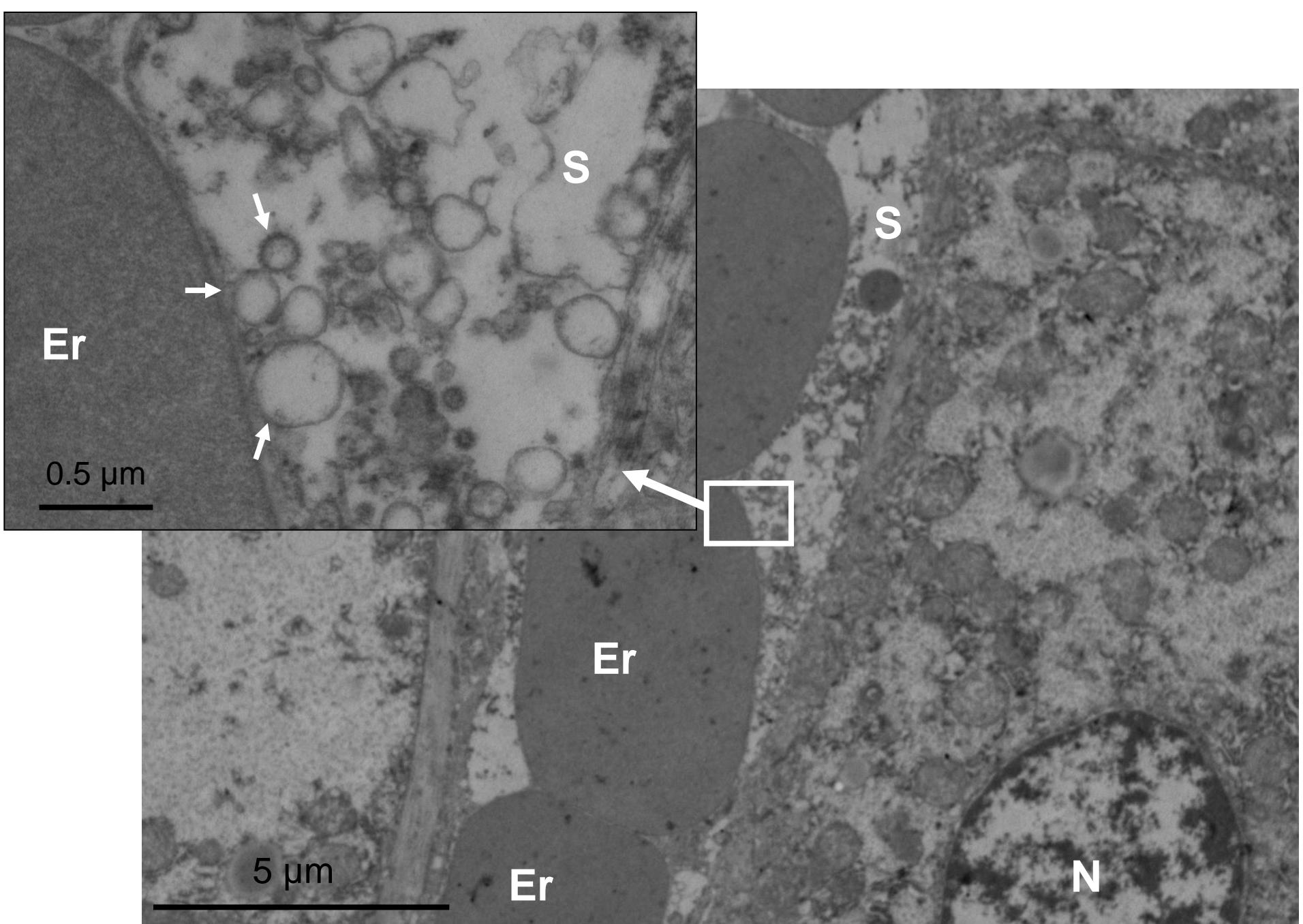
Povero, Sci Signal 2013

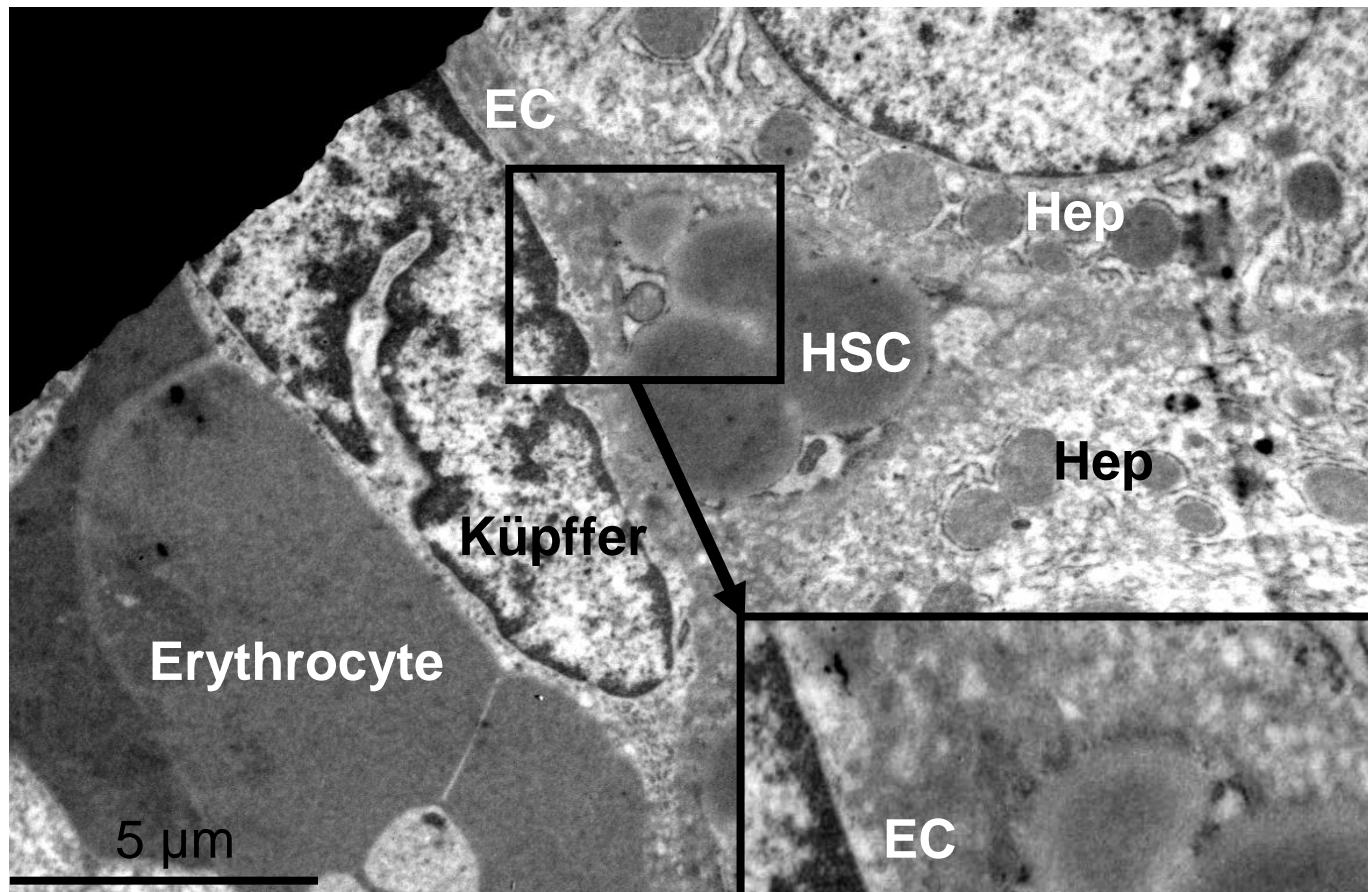
# Techniques and names



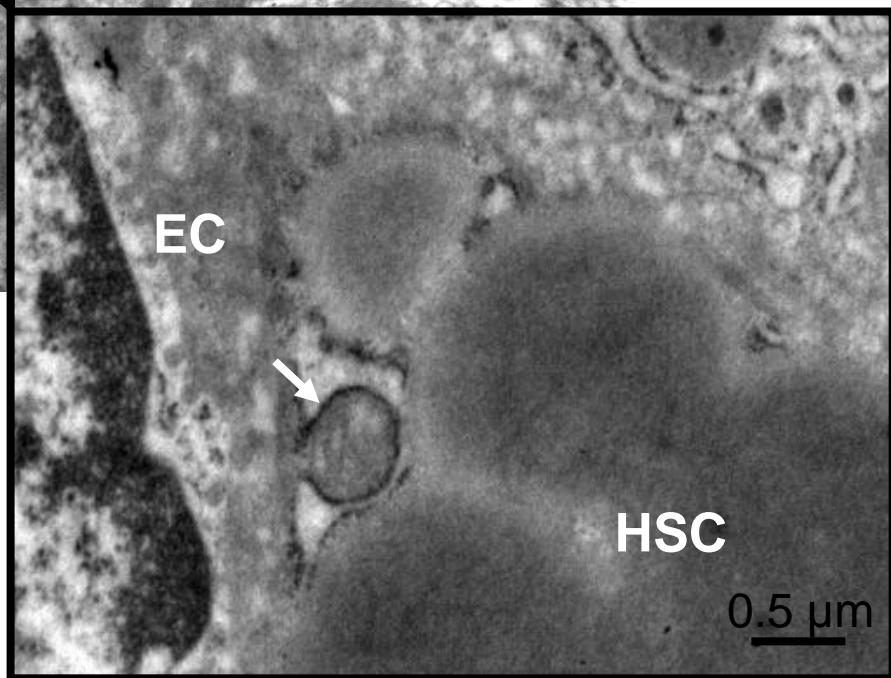
# Extracellular vesicles in tissues







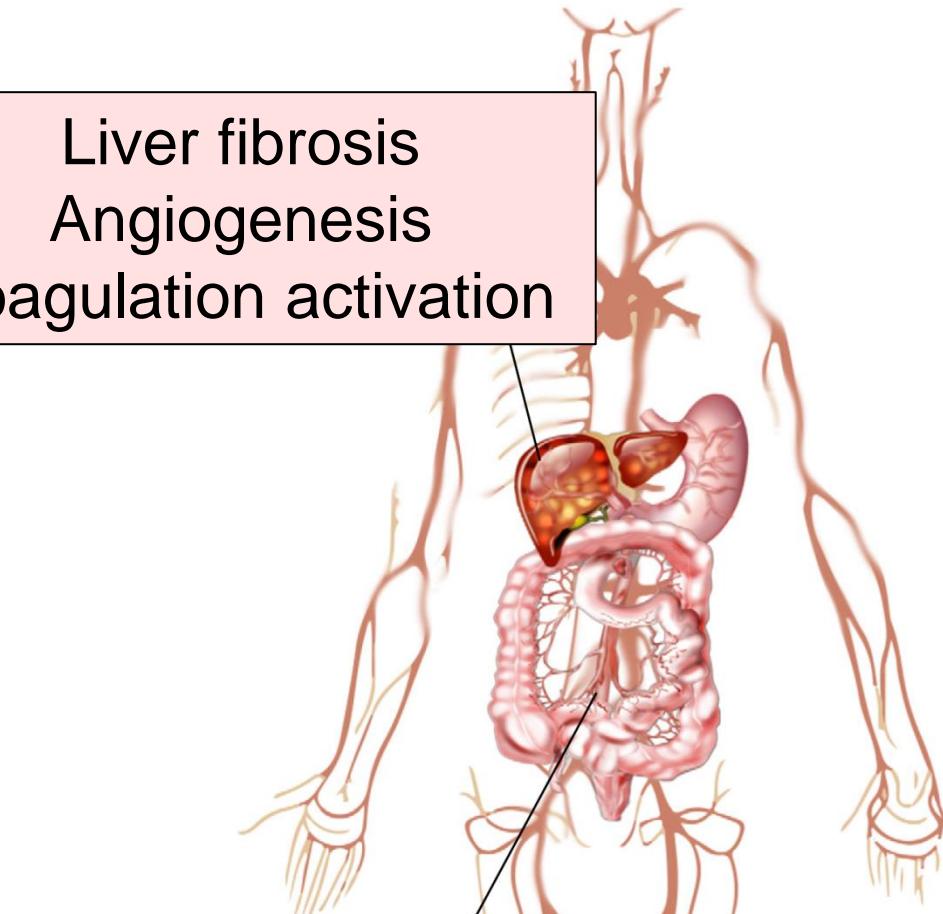
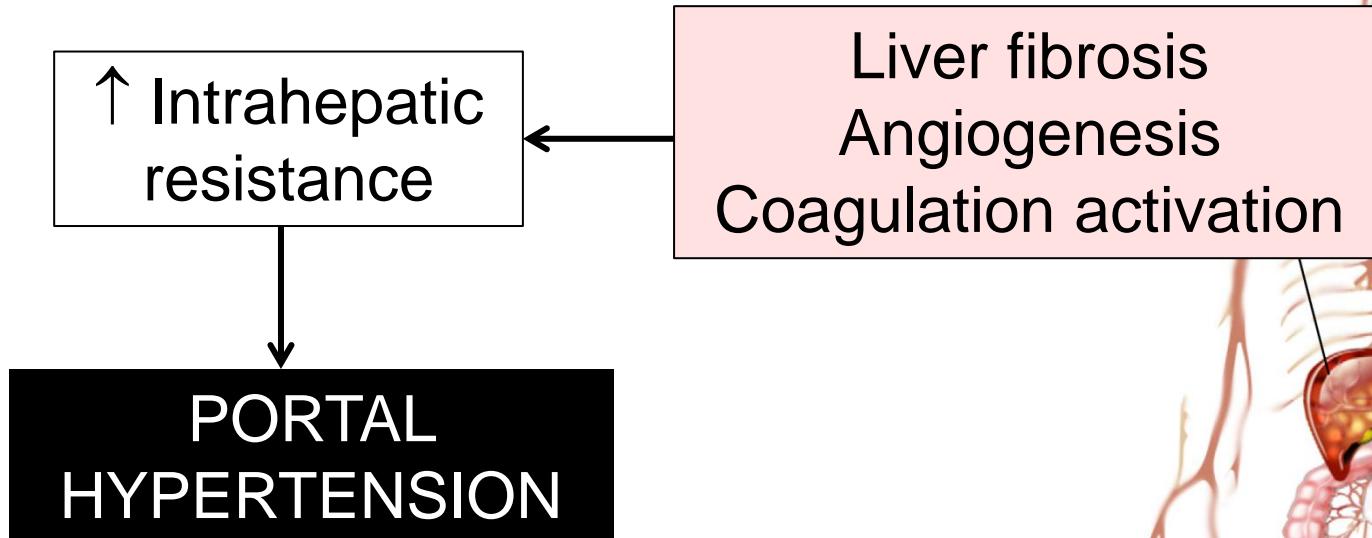
Lemoinne S et al. Hepatogastro 2013



# Extracellular vesicles in cirrhosis

- What are extracellular vesicles?
- Microvesicles: role in cirrhosis
- Microvesicles: promising biomarkers

# Portal hypertension

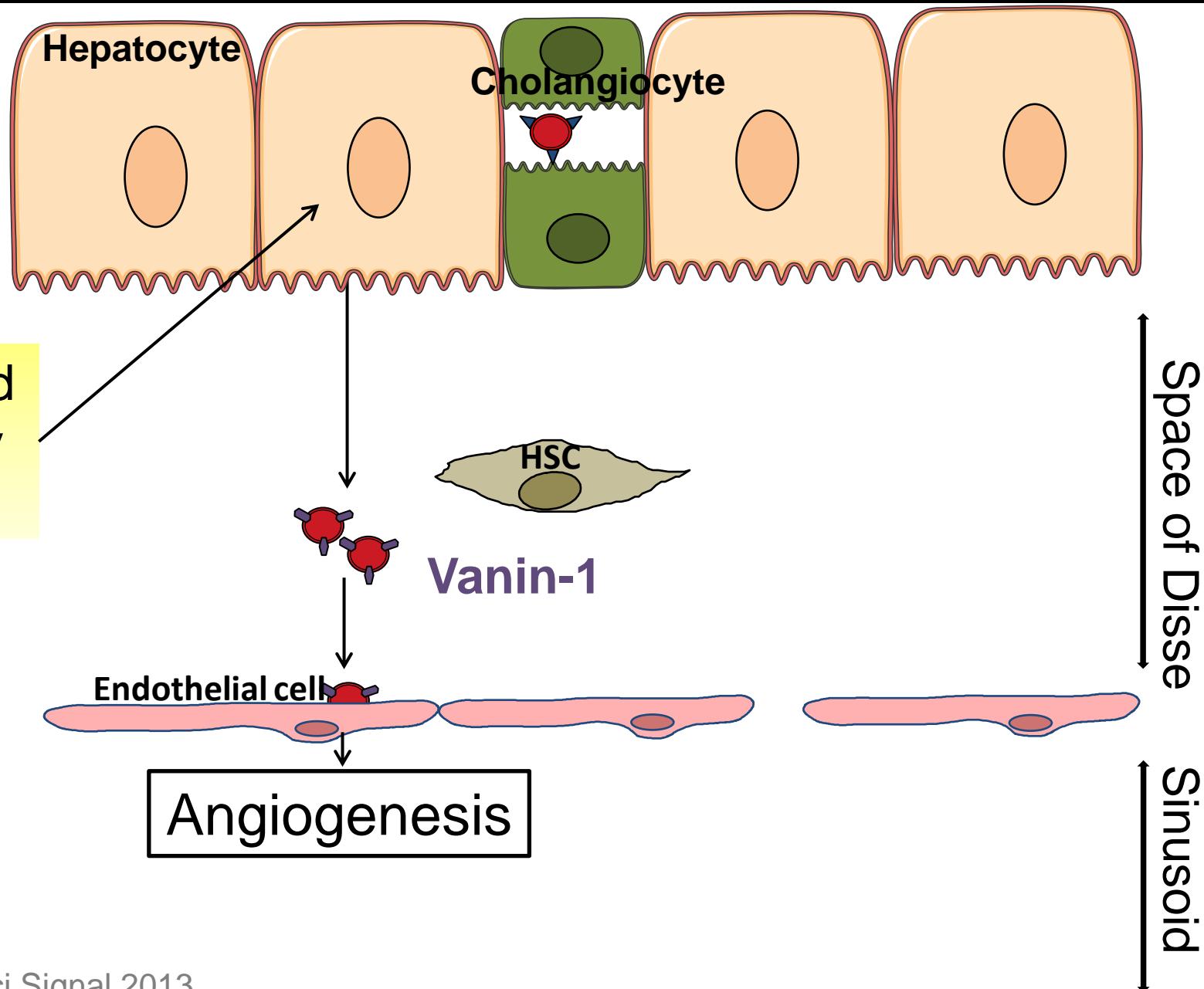


Mesenteric vascular bed

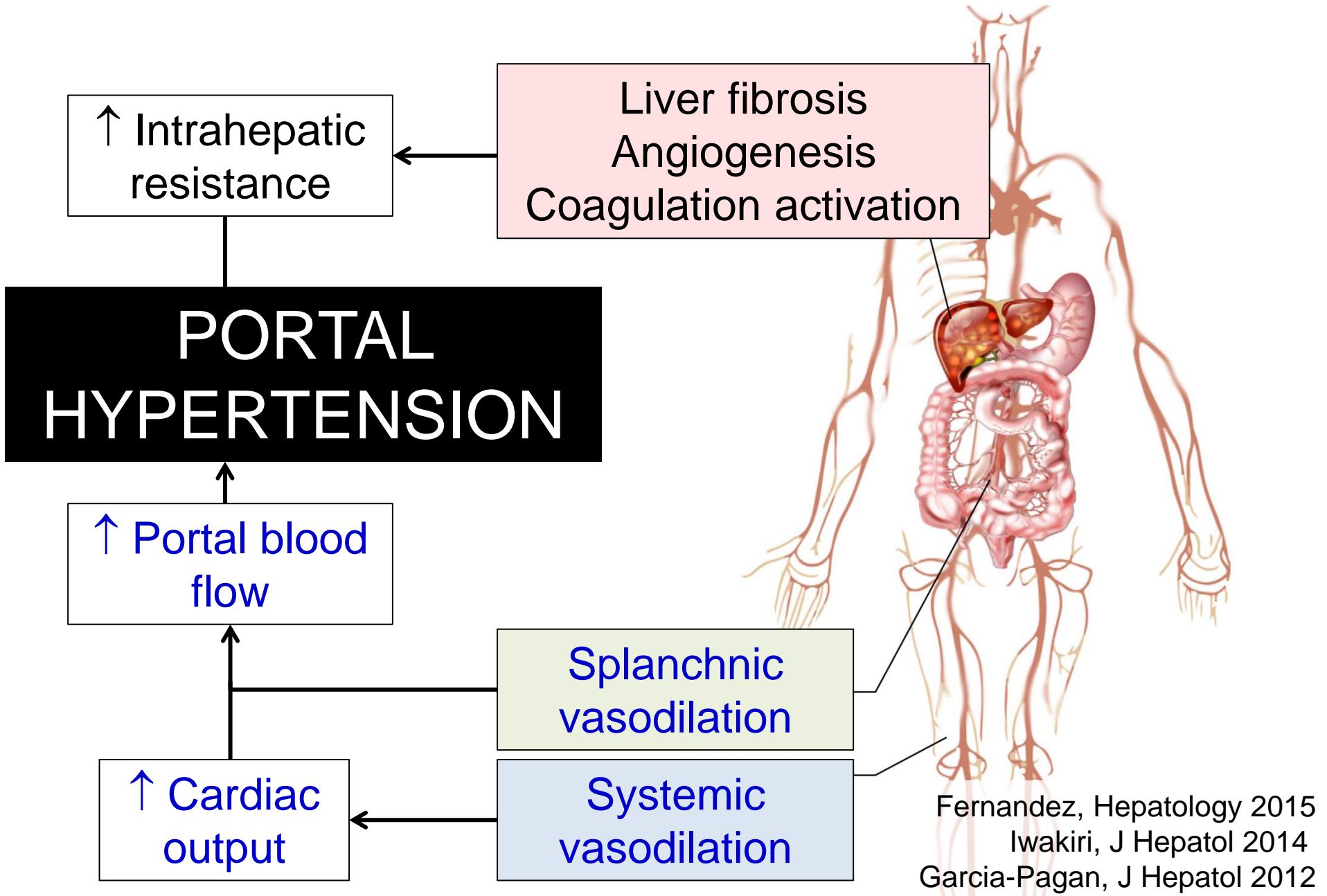
Peripheral vasculature

Fernandez, Hepatology 2015  
Iwakiri, J Hepatol 2014  
Garcia-Pagan, J Hepatol 2012

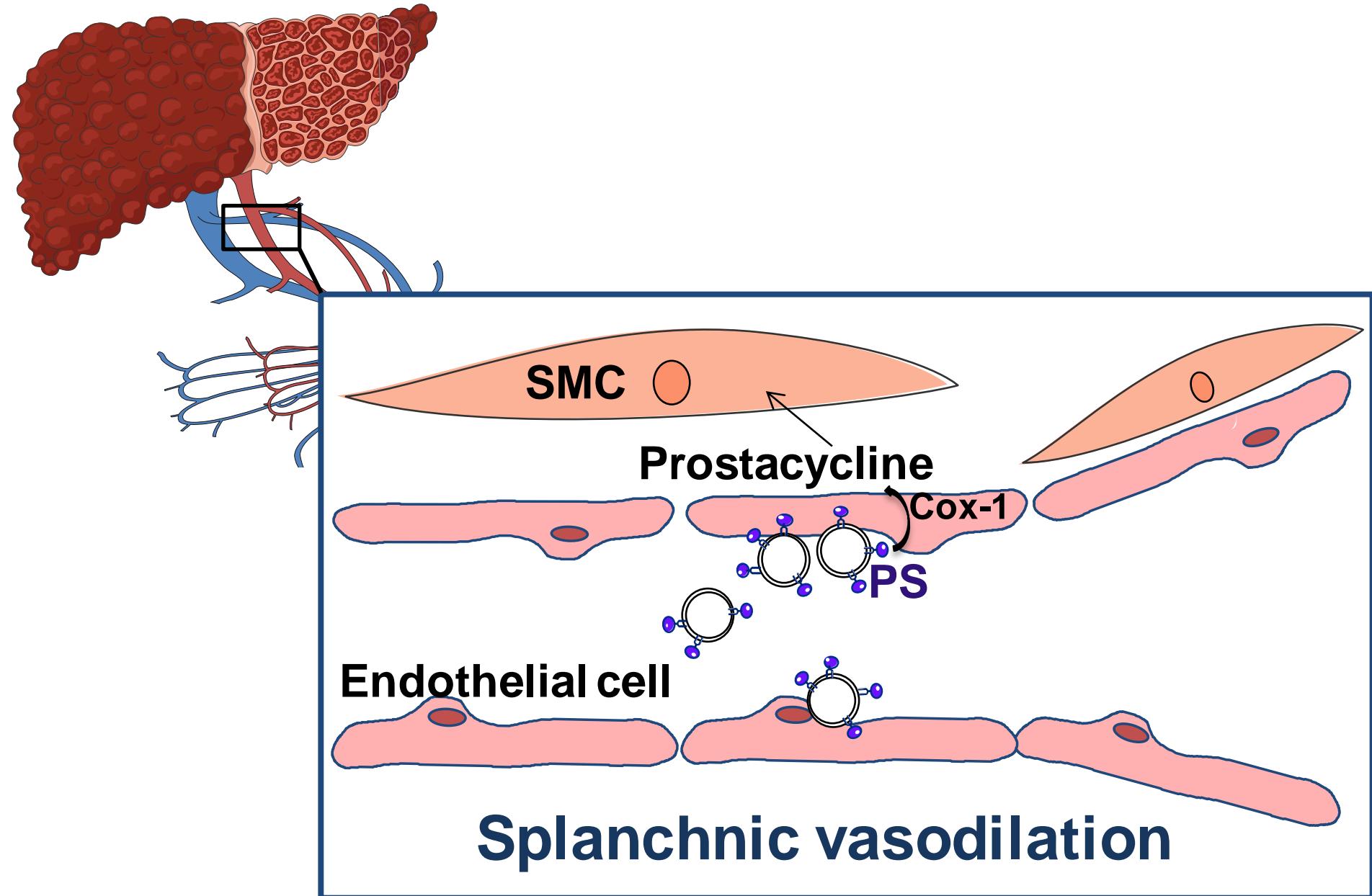
# Microvesicles promote liver angiogenesis



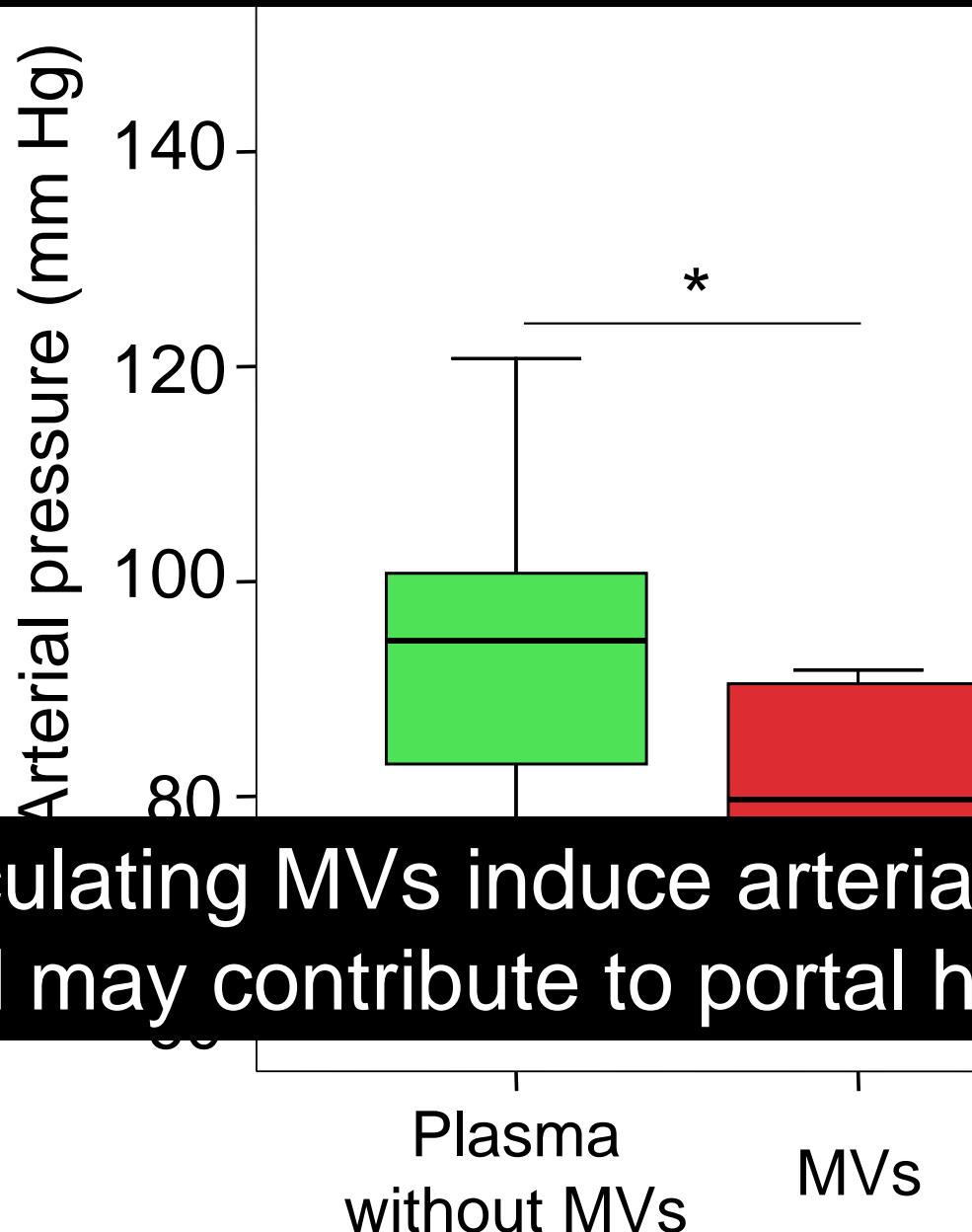
# Portal hypertension



# Microvesicles enhance systemic vasodilation



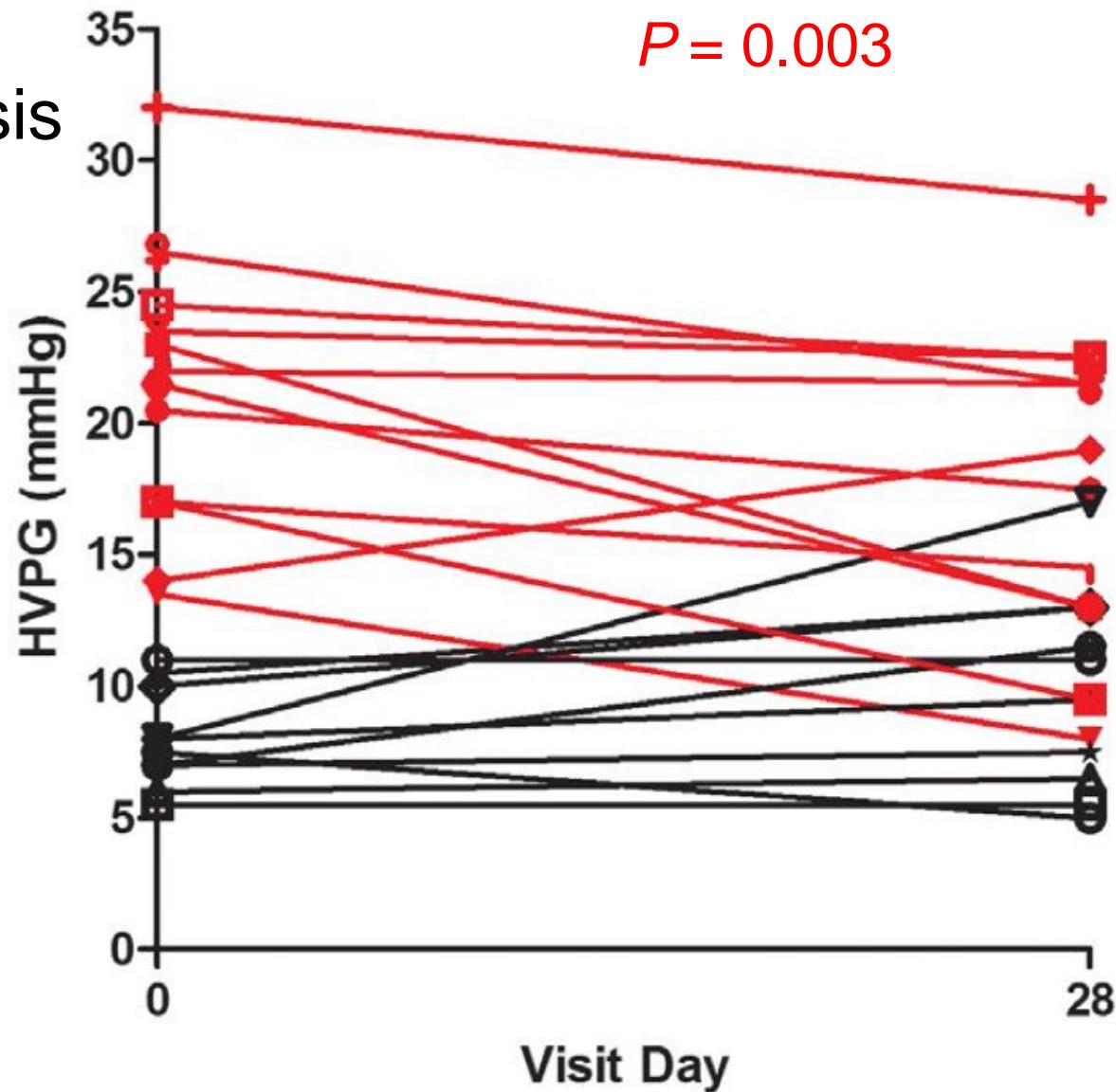
# Microvesicles enhance systemic vasodilation



→ Circulating MVs induce arterial hyporeactivity  
and may contribute to portal hypertension

# Emricasan: an “anti-microvesicles” drug?

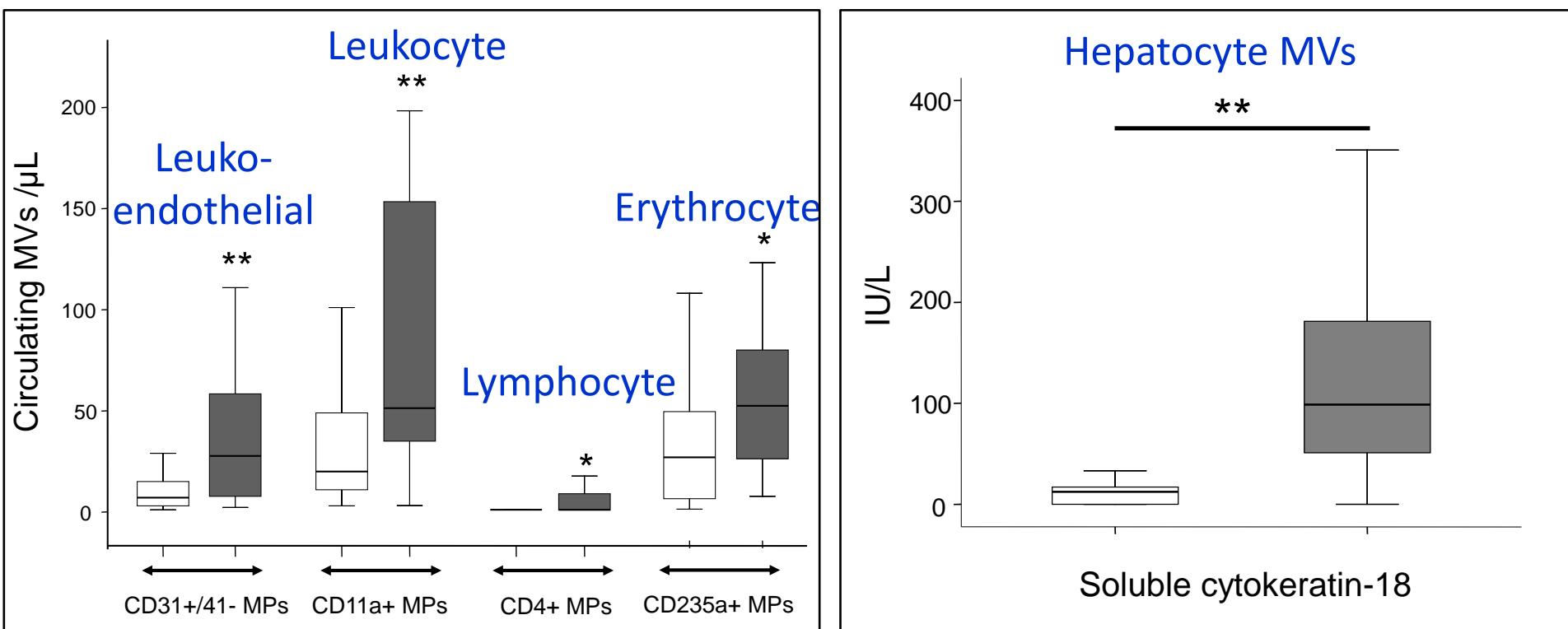
23 patients with compensated cirrhosis



# Extracellular vesicles in cirrhosis

- What are extracellular vesicles?
- Microvesicles: role in cirrhosis
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# Increased levels of subpopulations of MVs in cirrhosis



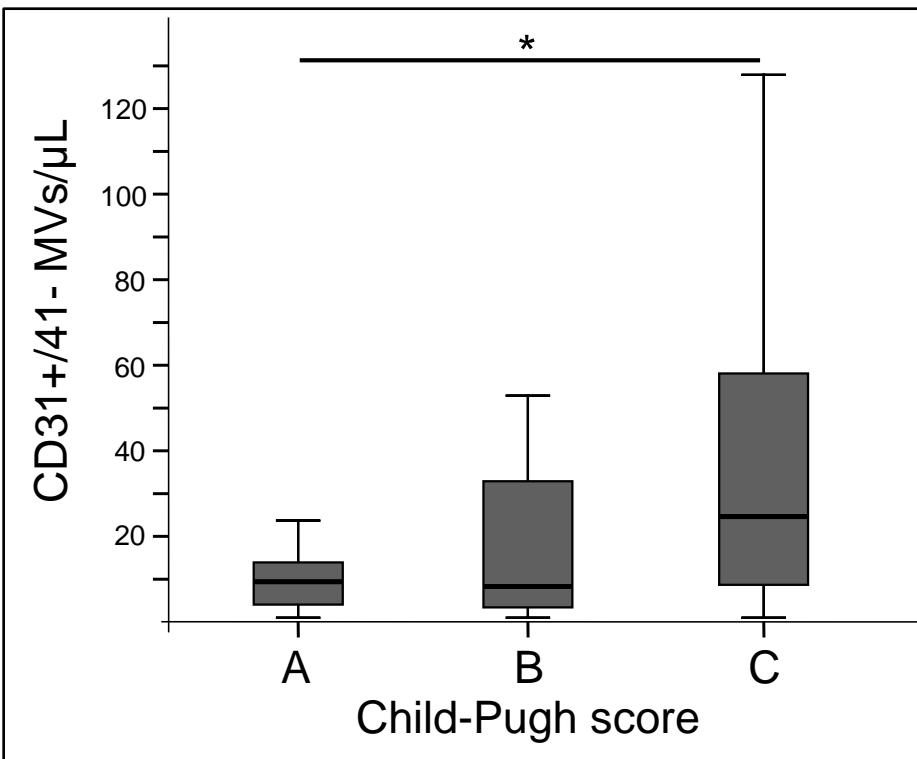
Controls (n=30)

Patients with cirrhosis (n=91)

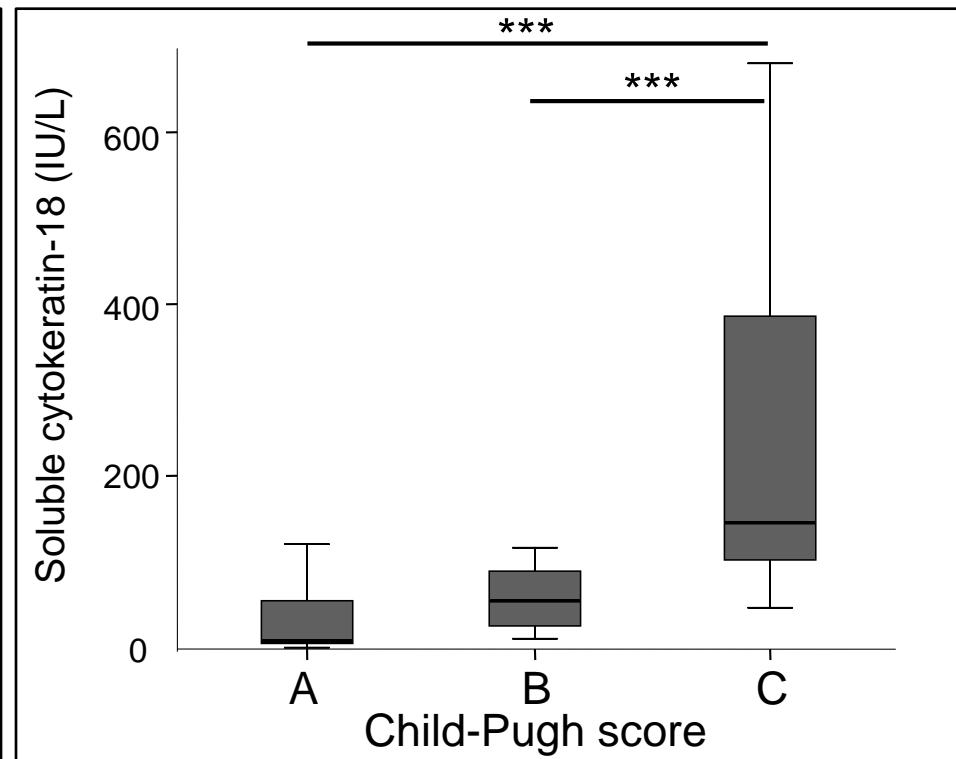
Rautou *et al.*, J Hepatol 2013  
Rautou *et al.*, Gastroenterology 2012

# Increased levels of subpopulations of MVs in cirrhosis

Leuko-endothelial  
MVs in cirrhosis



Hepatocyte MVs in  
cirrhosis



CD31+/41- MVs associated with survival  
independently of Child-Pugh score

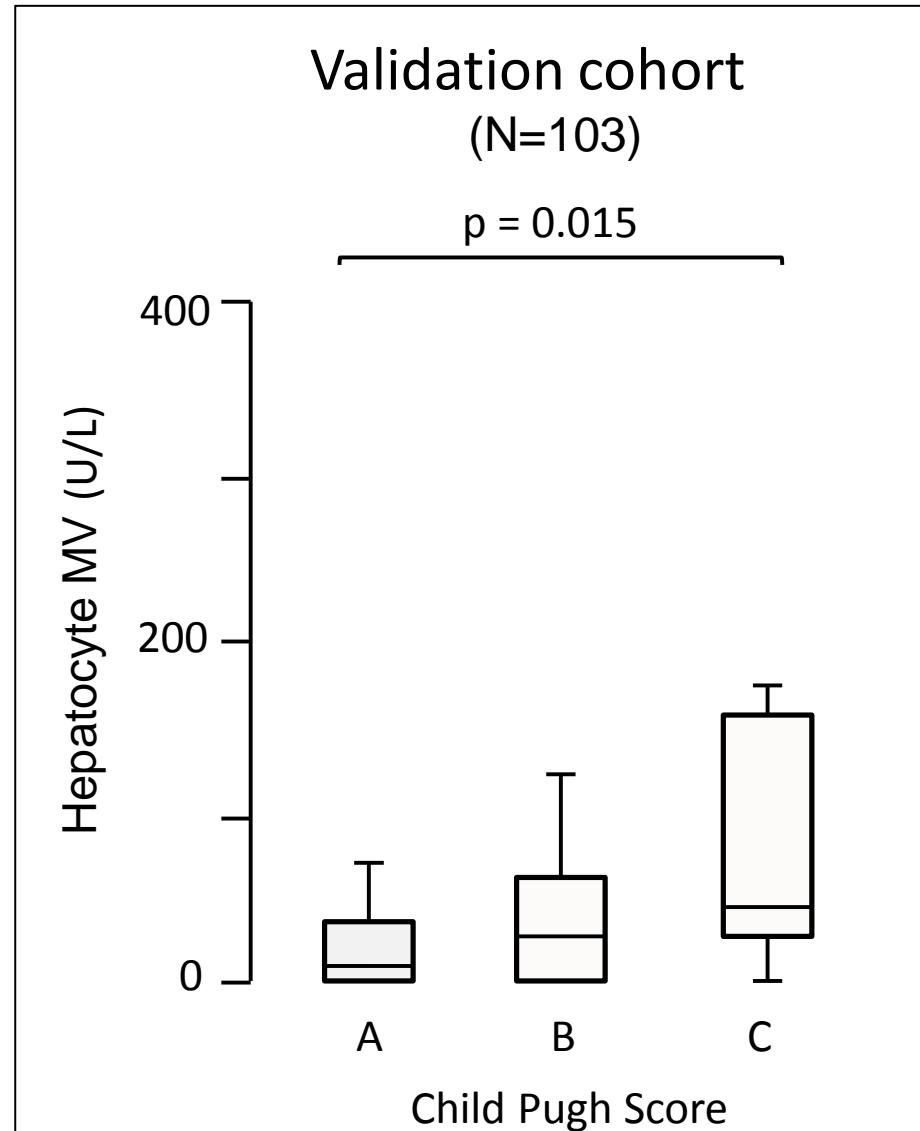
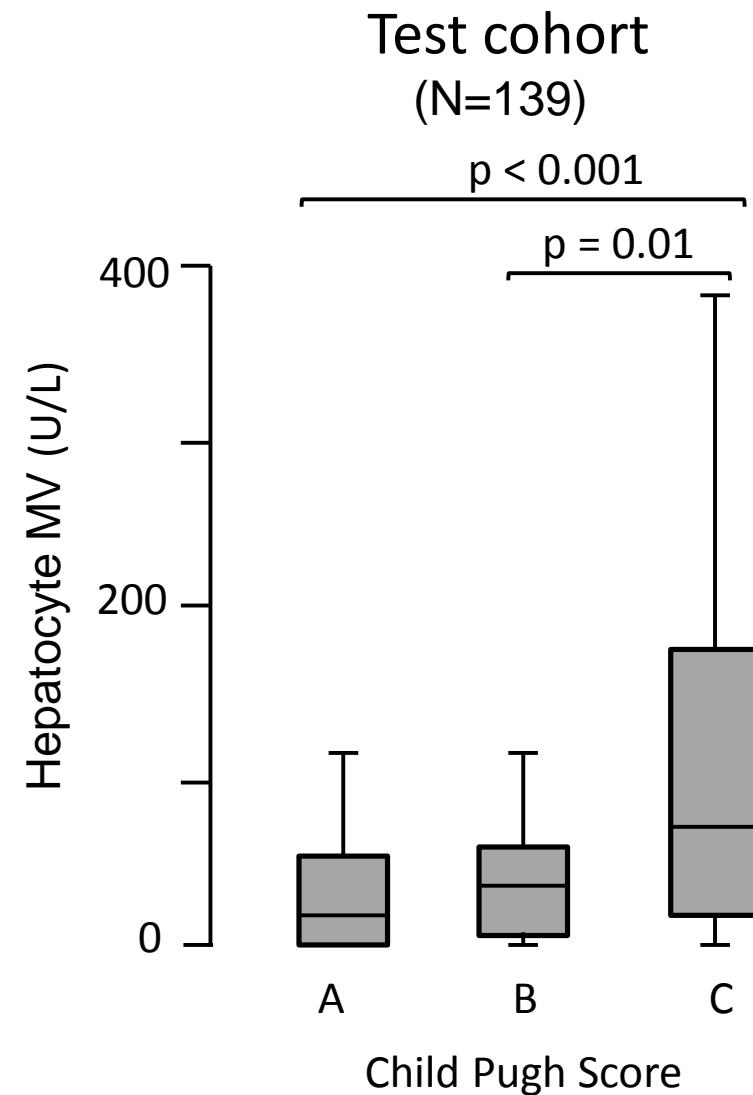
# Extracellular vesicles in cirrhosis

AGENCE NATIONALE DE LA RECHERCHE

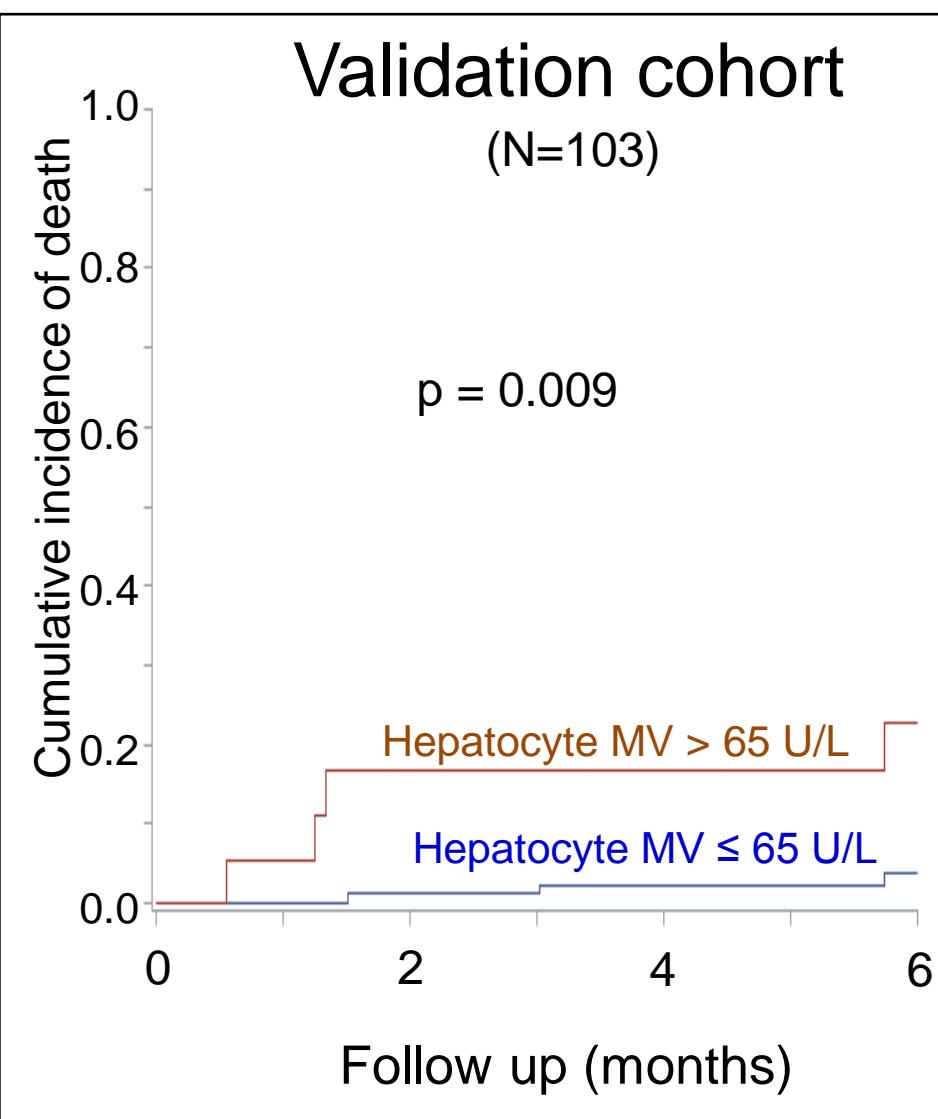
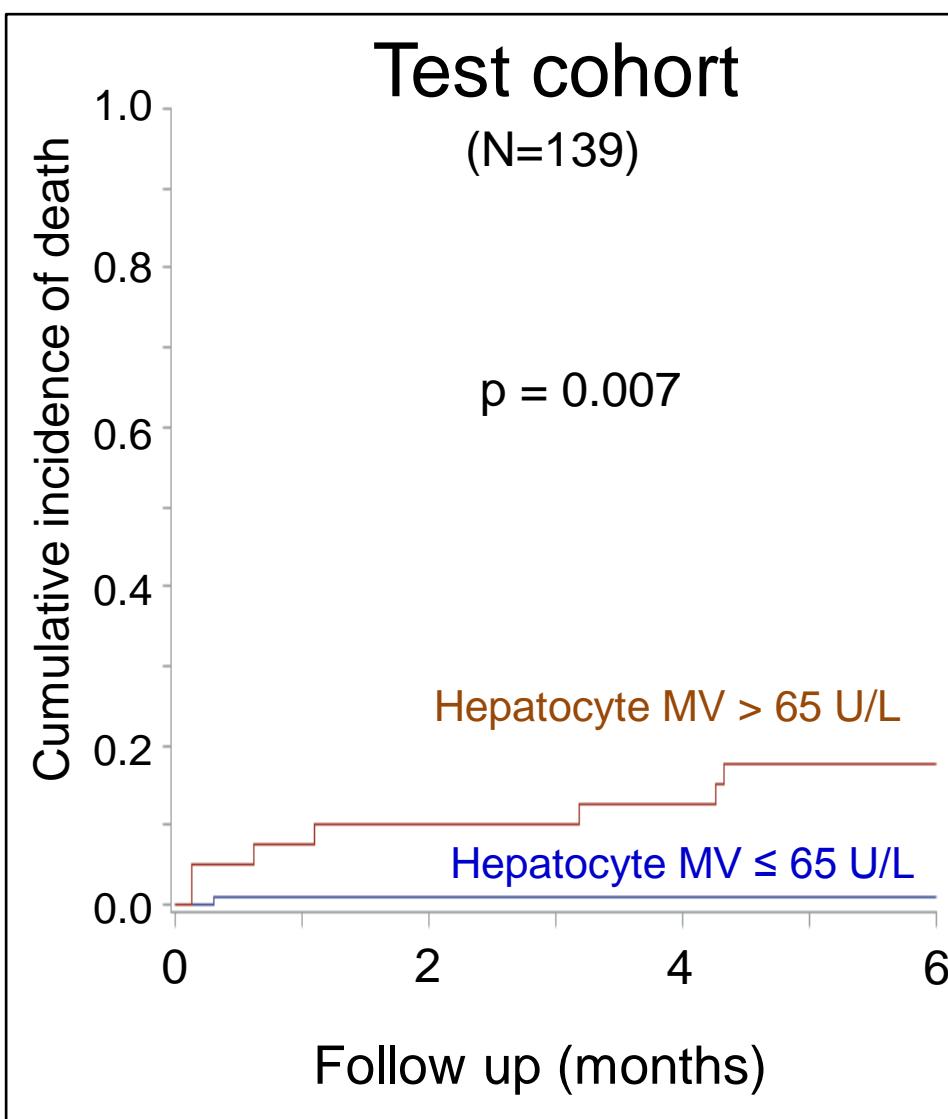


	Test (n = 139)	Validation (n=103)
Causes of cirrhosis (%)		
Alcohol	<b>48%</b>	18%
NASH	30%	3%
Hepatitis C / B	29% / 8%	<b>75% / 4%</b>
Ascites -N (%)	55%	22%
HCC (%)	31%	19%
Child Pugh A/B/C	31% / 37% / 32%	<b>64% / 28% / 8%</b>
MELD	13 (9 - 17)	11 (8 - 14)

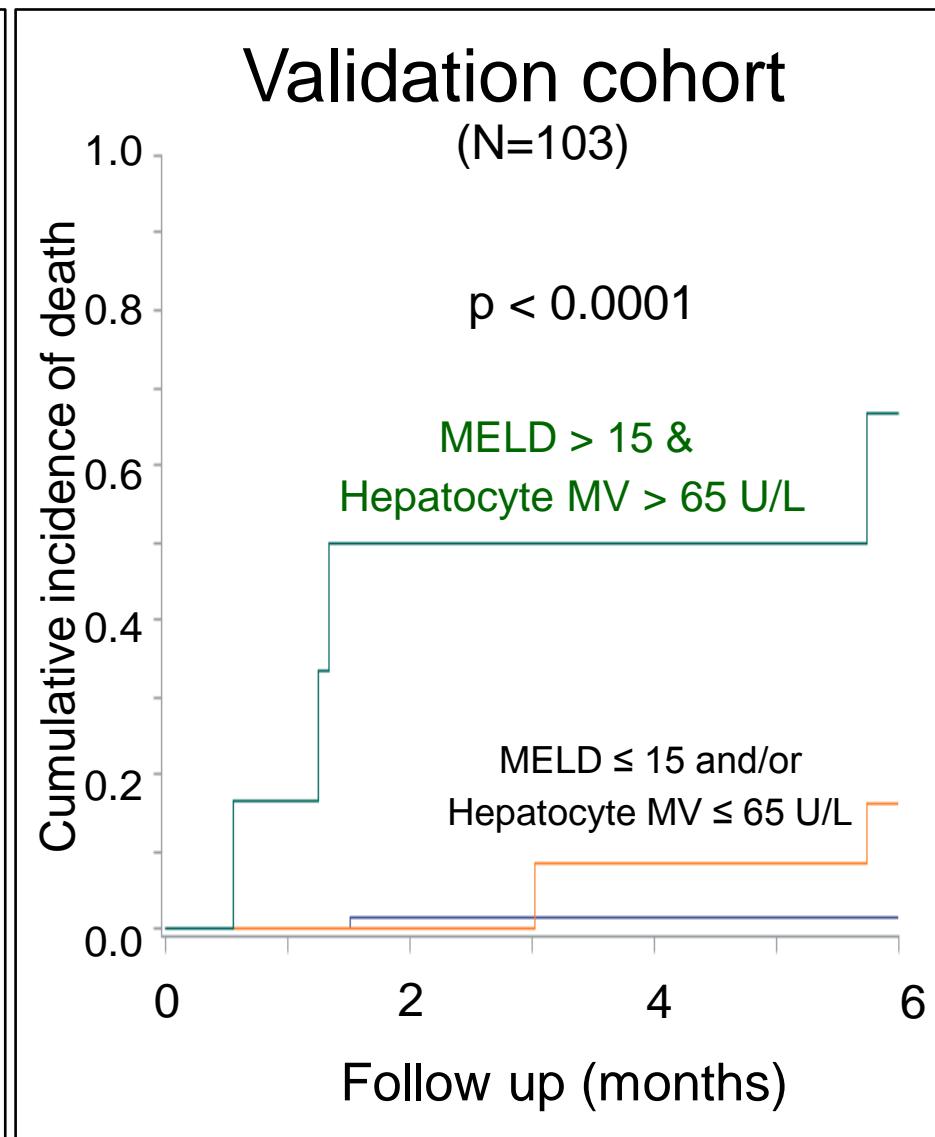
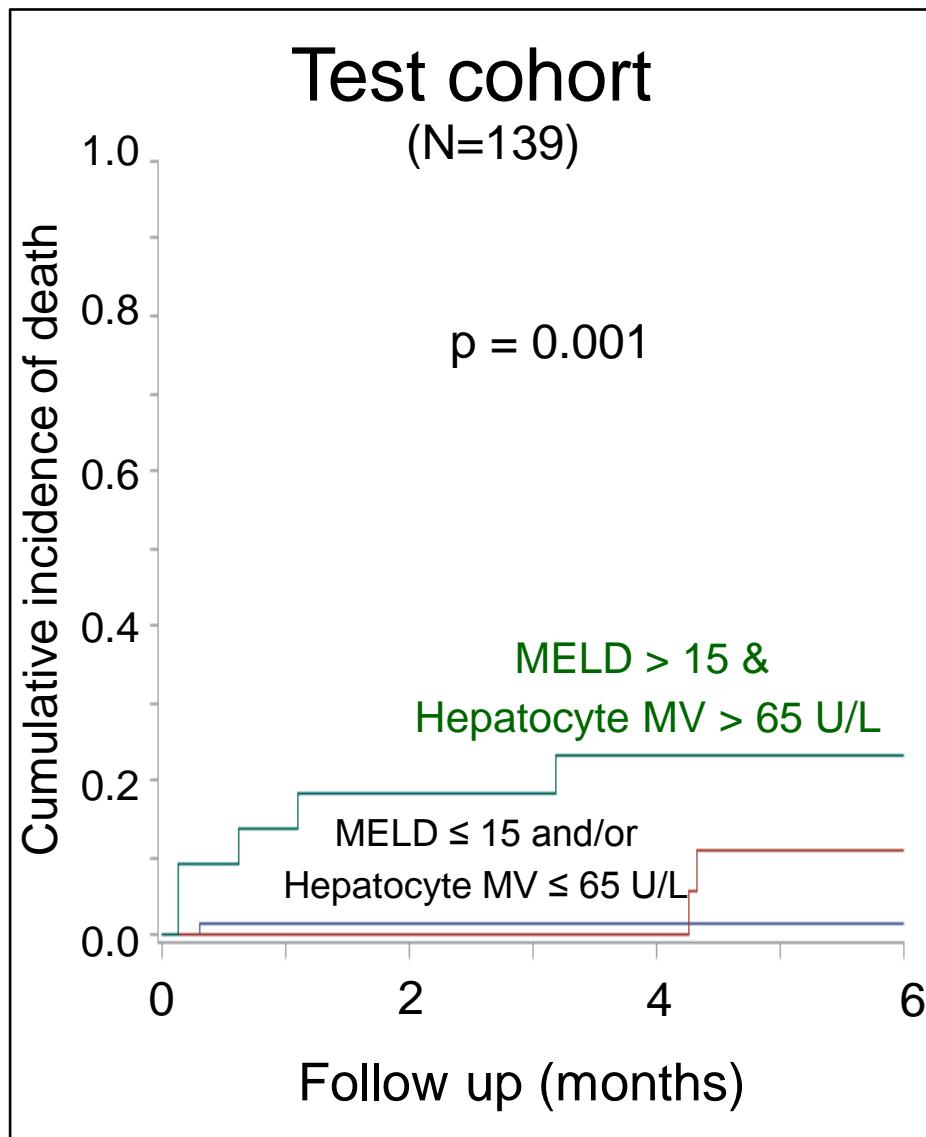
# Increased levels of hepatocyte MVs in cirrhosis



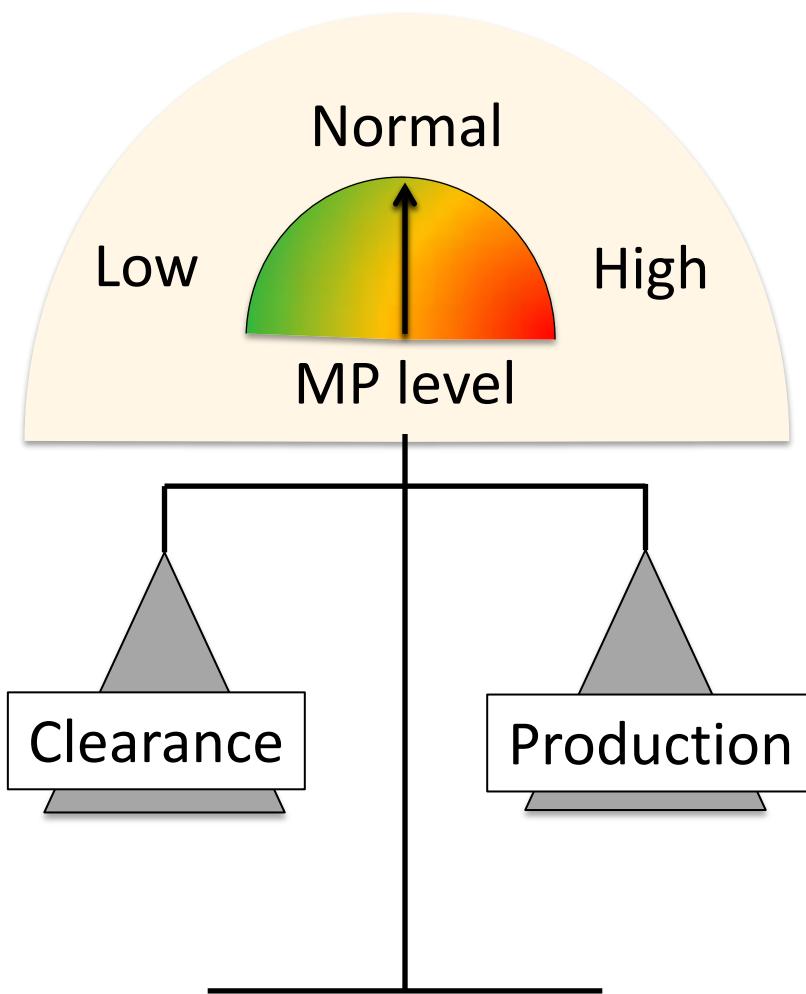
# Hepatocyte MVs predict patients' survival



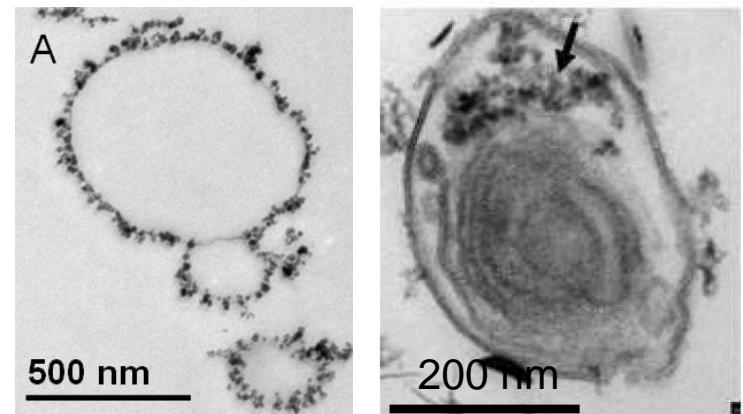
# Hepatocyte MVs predict patients' survival



# Why are MV levels increased in cirrhosis?

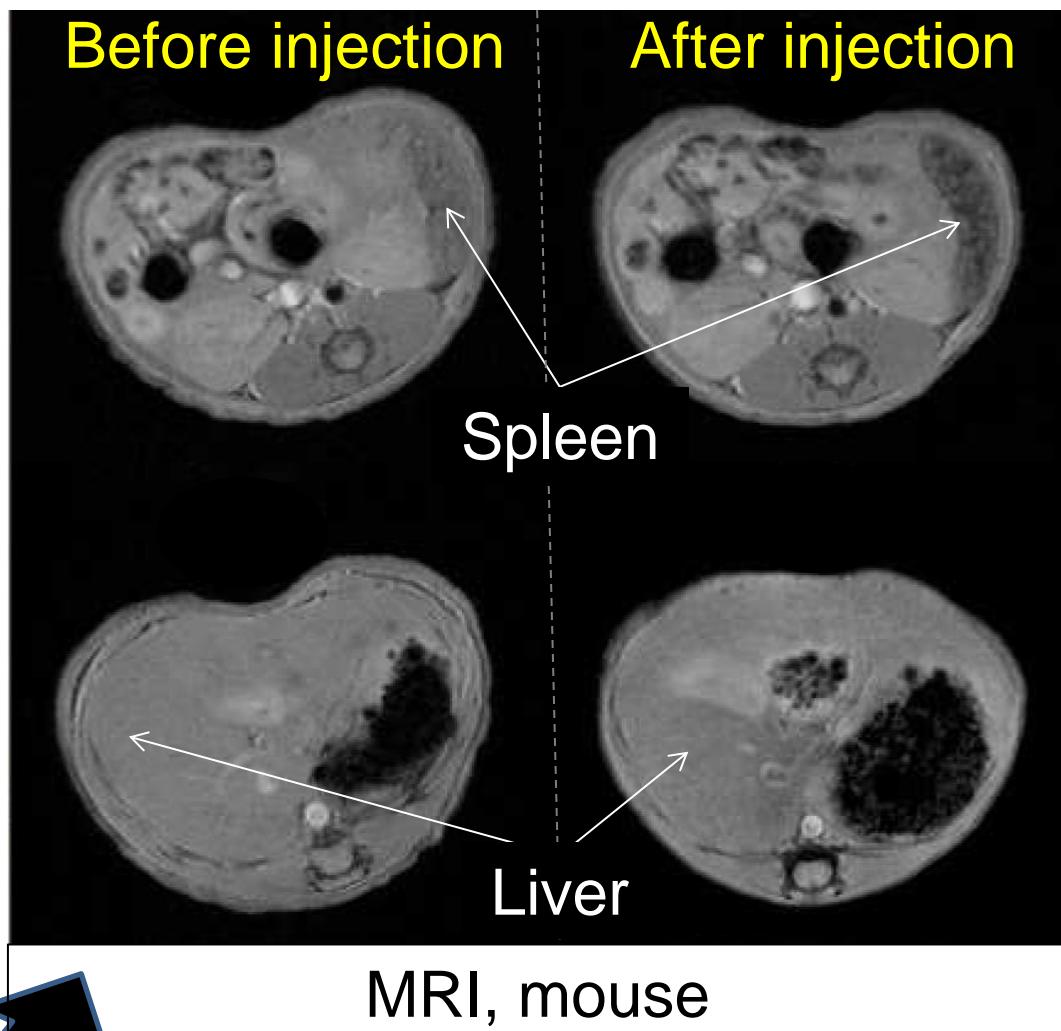
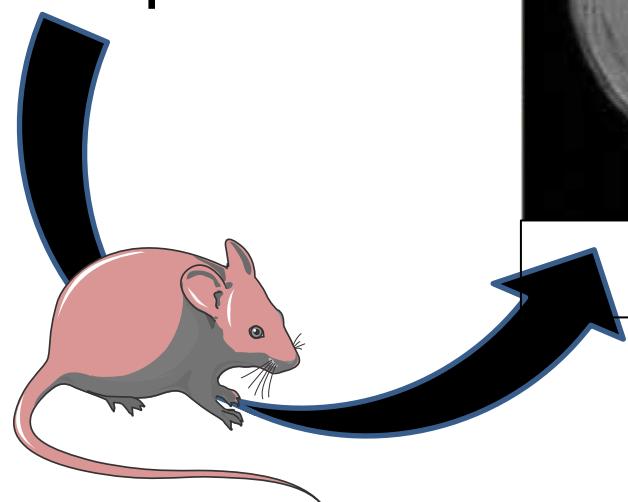


# MVs are cleared in the spleen liver and lungs



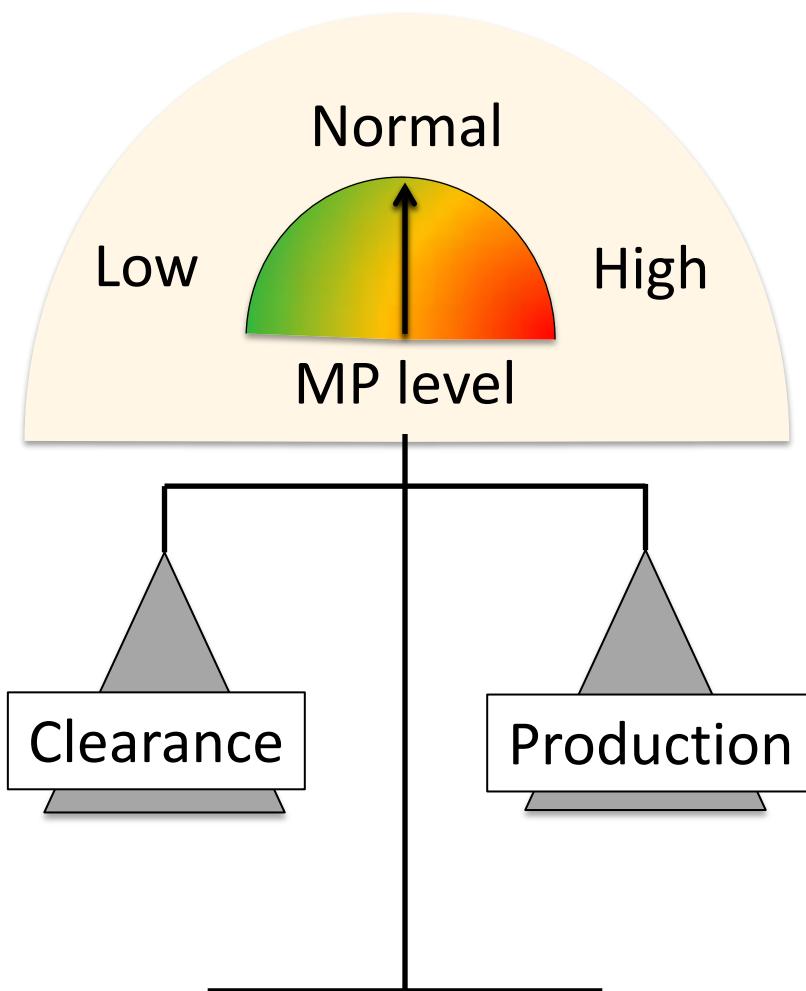
External      Internal

MP labeling  
using nanoparticles

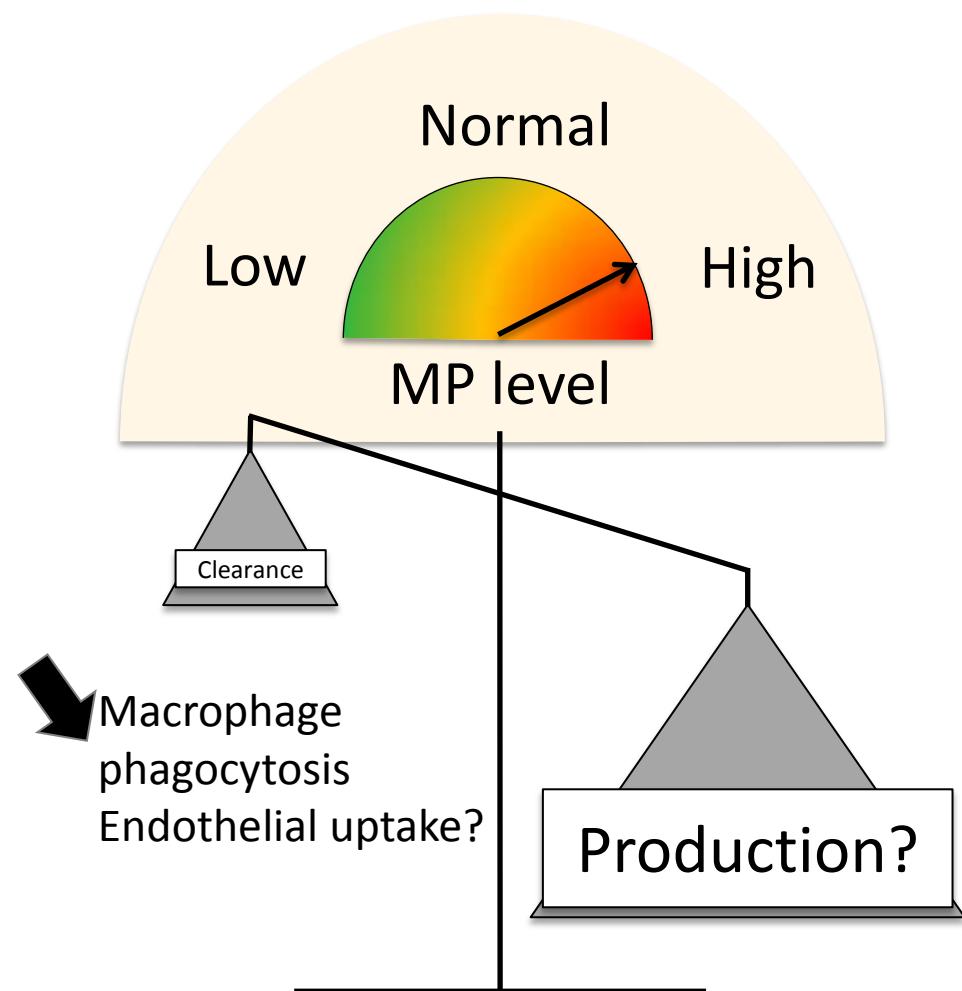


Al Faraj A, et al, Radiology 2012  
Vats N, et al., Nanomedicine 2010  
Rautou and Mackman, Circulation 2012

# Why are MV levels increased in cirrhosis?



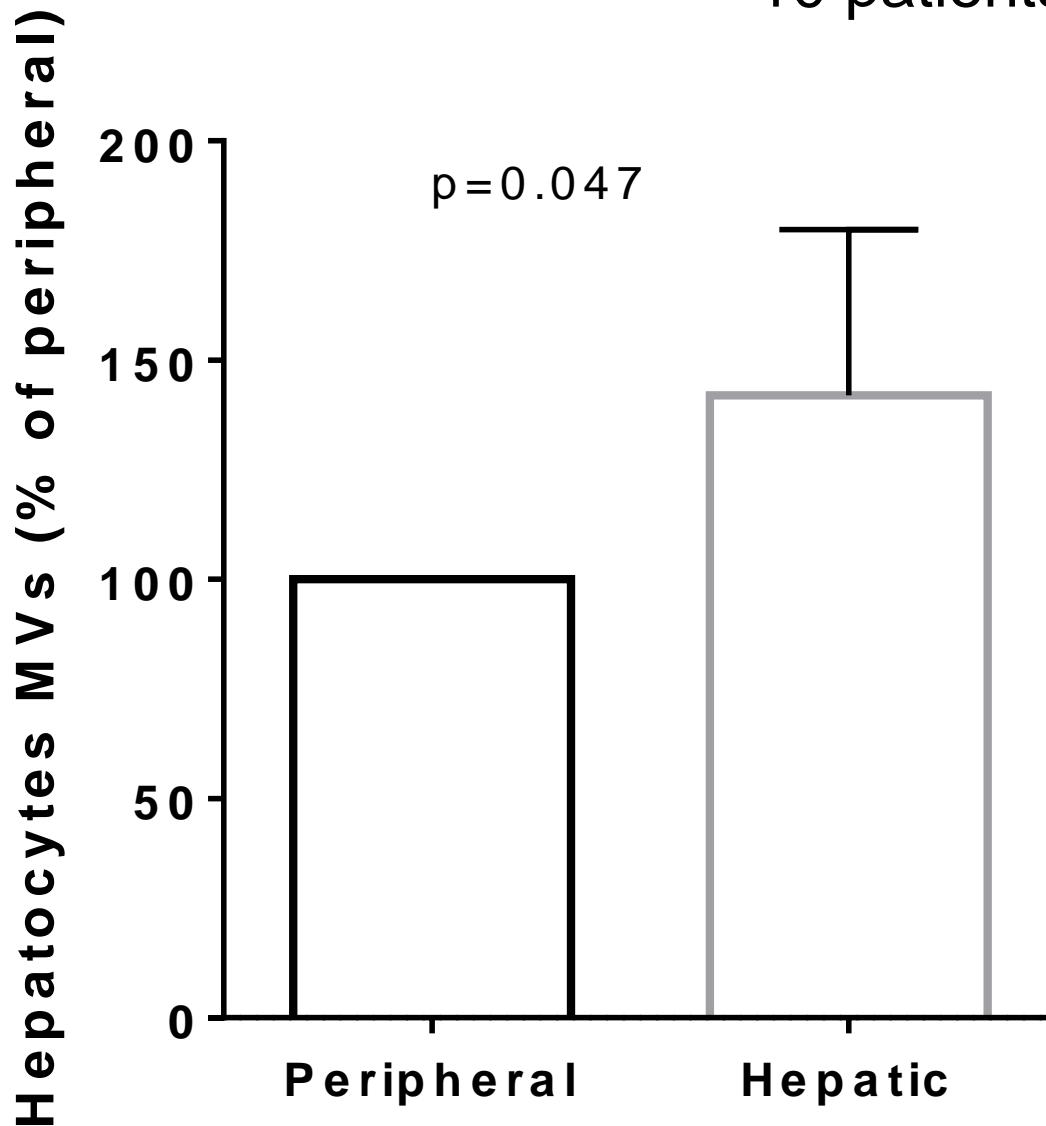
Healthy individual



Patient with liver disease

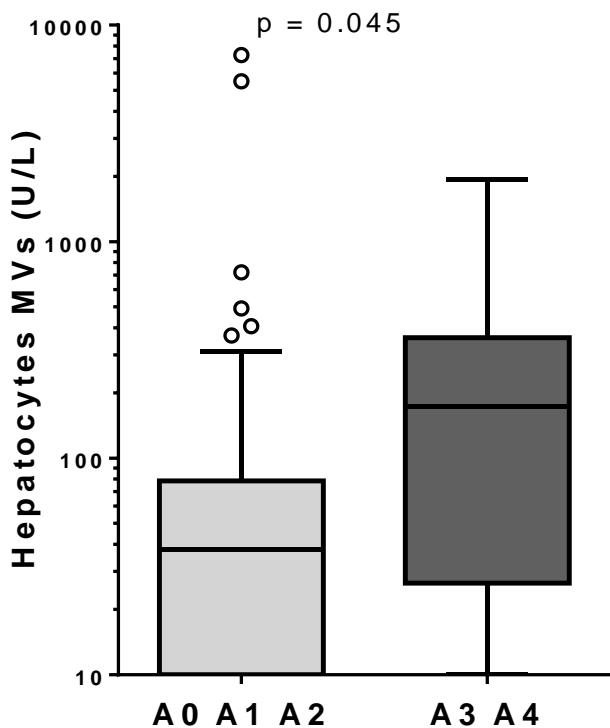
# Hepatocyte MV levels in hepatic veins

10 patients with cirrhosis

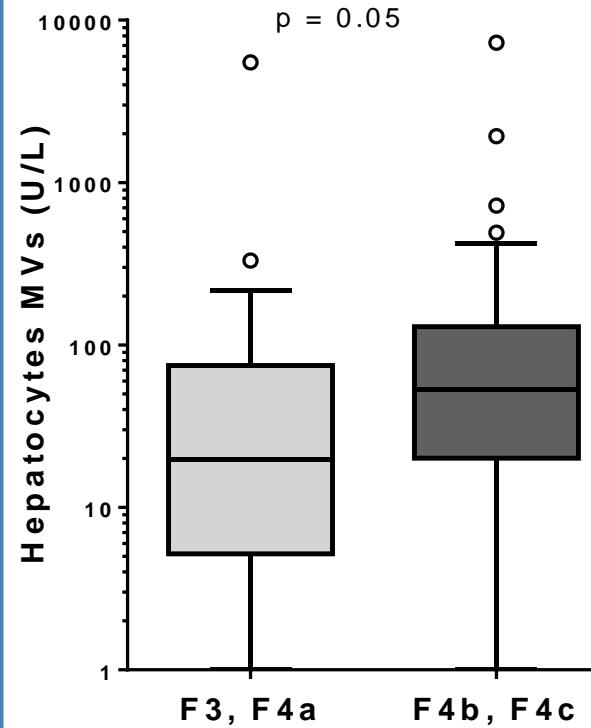


# Factors influencing hepatocyte MV levels

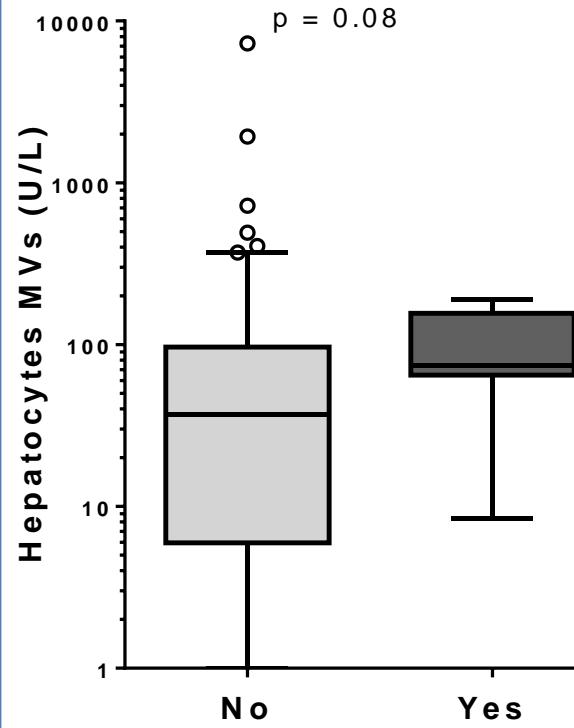
## Histological activity



## Fibrosis



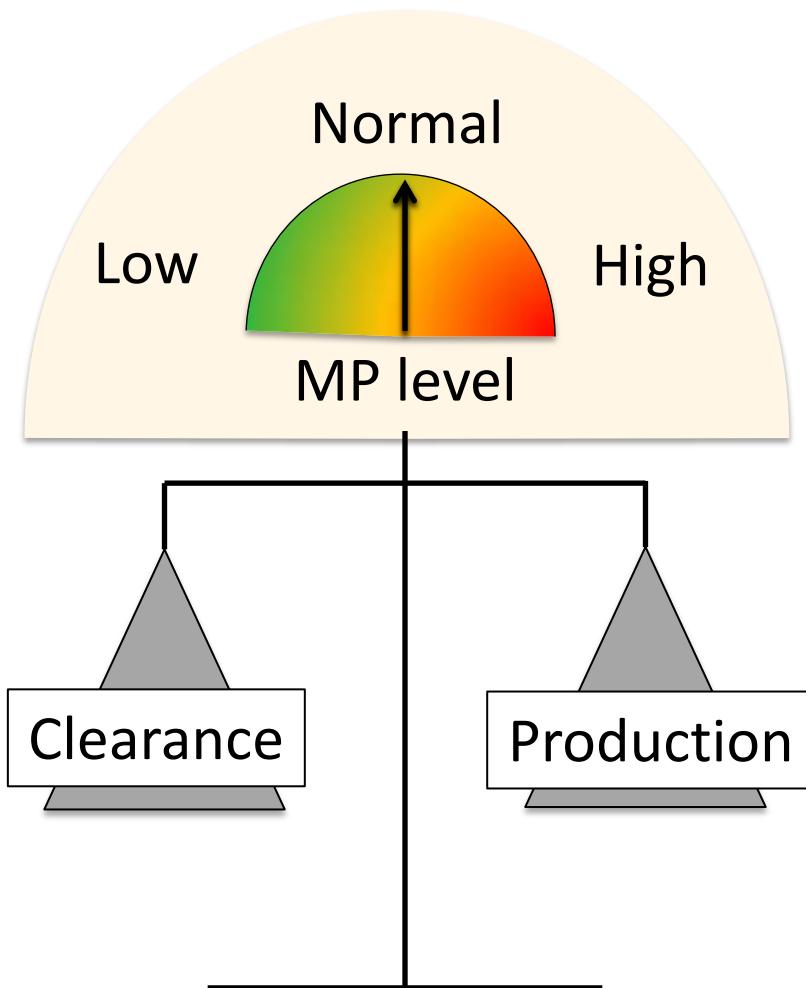
## Apoptosis



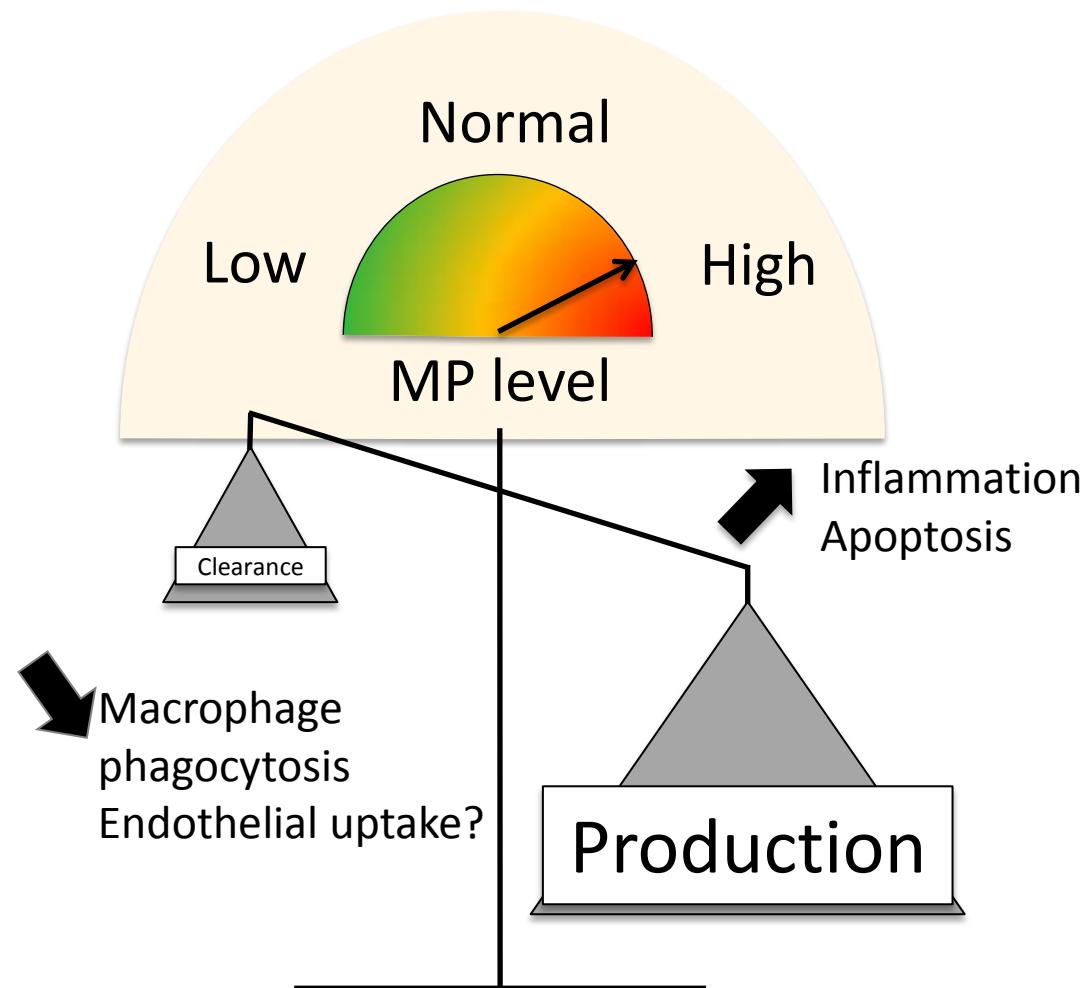
76 patients from the test cohort  
Collab V. Paradis

Payancé et al, Hepatology 2018

# Why are MV levels increased in cirrhosis?



Healthy individual



Patient with liver disease

# Current directions: extended populations

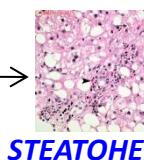


## RHU QUID

700 patients with diabetes and ↑ ALT levels



STEATOSIS



STEATOHEPATITIS  
NASH/ASH



FIBROSIS

## Booster Innovation

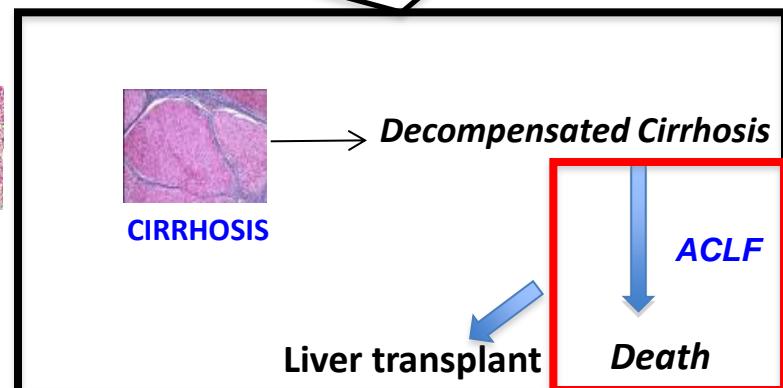
650 patients with compensated cirrhosis



CIRRHOSIS

## PHRC PROMICE

335 patients with survival



## CANONIC

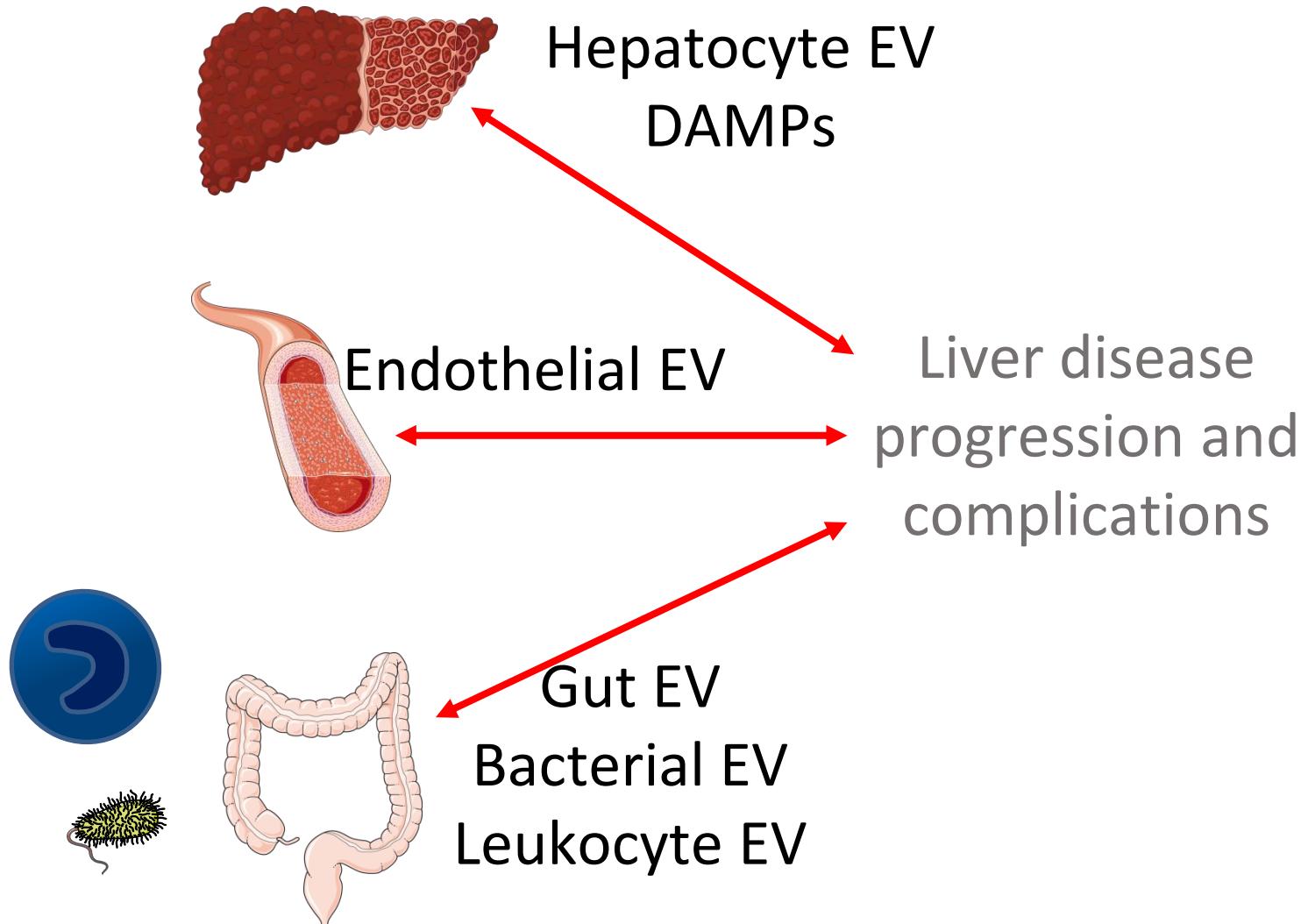
800 patients with decompensated cirrhosis



ALADDIN : 340 patients with ACLF

GRIFOLS

# Current directions: an MV signature



# Conclusion

- MVs are implicated at many stages of liver disease progression, including fibrogenesis, portal hypertension
- Circulating levels of several subpopulations of MVs are increased in patients with cirrhosis
- MVs might reflect ongoing liver injury and thereby predict patients' outcome



## Hepatology unit, Beaujon Hospital Reference center for vascular liver diseases



## Inserm U1149 Research center on inflammation

